

The Holy Trinity Church  
Pilgrimage Ministry presents

# MOUNT ATHOS

## THE HOLY MOUNTAIN

A spiritual adventure of a lifetime for men.

Fly from Pittsburgh to Thessaloniki,  
then sail to Mount Athos for a pilgrimage to its  
ancient monasteries and Byzantine wonders.

Hike on spectacular mountain paths  
high above the northern Aegean Sea.  
Join the monks for meals and sacred services.

Immerse yourself in the peaceful  
Orthodox Christian life of faith and prayers  
amidst the history and natural beauty of  
this wondrous 'Garden of the Panagia.'

RESERVE NOW: SPACE IS LIMITED!

Deposit due April 1.

Full payment due May 1

See information on reverse or visit  
[www.HolyTrinityPgh.org/pilgrimage](http://www.HolyTrinityPgh.org/pilgrimage)

*A Pilgrimage of Prayer*  
*November 4-11, 2019*





# *A Pilgrimage of Prayer*

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## **TENTATIVE SCHEDULE**

Mon. Nov. 4	Depart Pittsburgh (overnight trans-Atlantic flight)	Fri. Nov. 8	Mount Athos: Hike, visit, pray and stay at next monastery.
Tue. Nov. 5	Arrive in Thessaloniki. Guided tour of city and dinner. Private coach bus to Ouranoupolis for overnight at hotel.	Sat. Nov. 9	Mount Athos: Hike, visit, pray and stay at next monastery.
Wed. Nov. 6	Ferry from Ouranoupolis to Mount Athos. First monastery.	Sun. Nov. 10	Sunday Liturgy at last monastery. Ferry back to Ouranoupolis and transfer via private coach to Thessaloniki. Dinner and overnight at hotel.
Thu. Nov. 7	Mount Athos: Hike, visit, pray and stay at next monastery.	Mon. Nov. 11	Morning flight back to Pittsburgh.

## **TRIP DETAILS**

Host	This trip is an offering of the Pilgrimage Ministry of Holy Trinity Greek Orthodox Church, Pittsburgh, PA. The guide for the pilgrimage will be Father John Touloumes. Professional tour arrangements are being handled by Cloud Tours. All questions and communications should be directed to Father John.
Requirements	Because of strict, traditional practices and physical requirements of travel on Mount Athos, all participants must be Orthodox Christian adult males (18 or over) with proof of baptism and the ability to walk for extended periods on rough-terrain paths. All participants must also have valid United States passports.
Trip size	Due to various practical limitations, this trip is strictly limited to <b>EIGHT (8)</b> participants and one host. <b>PLEASE SEE IMPORTANT DEPOSIT INFORMATION BELOW!</b>

## **RESERVATIONS AND PRICING (IMPORTANT!)**

Price	\$2,400 per person, double-occupancy. \$2,700 single-occupancy. (Subject to change based on airfare)
Included	Trip price includes: round-trip airfare from Pittsburgh; all first-class hotel accommodations with breakfasts; accommodations and meals on Mount Athos; all private bus/van transfers in Thessaloniki; ferry to Mt. Athos; private sight-seeing tour of Thessaloniki; 2 dinners in Thessaloniki; tips and gratuities for included events; taxes and transfers. (Basically, everything except personal spending and travel meals.)
Deposit	\$250 deposit required by April 1, 2019 to reserve a spot. Refundable until May 1. After May 1, airline tickets will be purchased and that portion of the fee (TBD) is not refundable. Make all checks payable to 'Holy Trinity Greek Orthodox Church.' Deposits will be received on a first-come, first-served basis. Once eight reservations are received, a waiting list will be established in the event of cancellations.
Full Payment	Balance of payment is due May 1, 2019.
Address	Send all deposits and payments to: Mount Athos Pilgrimage, payable to 'Holy Trinity Greek Orthodox Church', 985 Providence Blvd., Pittsburgh, PA 15237. Phone: 412-366-8700.
Contact	For more information, contact Father John Touloumes ( <a href="mailto:ajt@HolyTrinityPgh.org">ajt@HolyTrinityPgh.org</a> ) at 412-366-8700.

*"The sun was sinking in the west. Mornings on Mount Athos are fragrant, charming. The darkness of the night is dispersed while the monks are at the church of the holy monasteries, singing "Glory to Thee Who showed us the light..." One could say that the sweetest melodious voices, the sweet-ringing gongs and the warm rhythm of the talanta drive the darkness away. But also the afternoons on Athos are peaceful. Oh! The sunsets of Athos! Sunsets full of charm, full of grace, wrapped up in silence." (From "A Night in the Desert of the Holy Mountain")*