



THE HOLY TRINITY HERALD

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Our Mission: To proclaim and live the Orthodox Christian Faith in its fullness as faithful members of the Body of Christ

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Monthly Parish Newsletter
Holy Trinity Greek Orthodox Church
Pittsburgh, Pennsylvania
Fr. John Touloumes, Economist

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Historians wishing to offer due credit and recognition call Saint Constantine the Great as one of the most influential figures in all of world history. After conquering the infamous Maxentius of Rome through a divine revelation of the Cross in the sky, he issued the Edit of Milan, making Christianity a legal religion for the first time in history. He united the Roman Empire and built a new imperial capital city, Constantinople. In addition to building magnificent cathedrals and churches with his mother, Helen, he convened the First Ecumenical Synod, which defeated the Arian heresy. His Byzantine empire lasted over 1,000 years, the longest Christian empire in history.



Father John's Message

THE HOLY TRINITY HERALD

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in memory of
**Steve
Karavolos**
by His Family
May His Memory
Be Eternal!



"Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, even as he chose us in Him before the foundation of the world, that we should be holy and blameless before Him. He destined us in love to be His sons through Jesus Christ, according to the purpose of His will, to the praise of His glorious grace which He freely bestowed on us in the Beloved. ... In Him, according to the purpose of Him who accomplishes all things according to the counsel of His will, we who first hoped in Christ have been destined and appointed to live for the praise of His glory. In Him you also, who have heard the word of truth, the gospel of your salvation, and have believed in Him, were sealed with the promised Holy Spirit."

Ephesians 1:3-6, 9-13

Dear Brothers and Sisters in the Risen Christ,

"Christos Anesti!" It is with great joy in this beautiful and bright season of the Resurrection that I greet you and thank you for journeying as co-travellers during the Lenten season as a family in Christ. From our dedicated Chanters to the Choir to the Parish Council, our Church School Staff, Secretary and our Herald Volunteers, the Philoptochos and the participants in all the services and special events of Lent and Holy Week, everyone had an important offering of love for their Church, their Lord and their faith. May God richly bless you for those contributions!

In the passage from St. Paul's Epistle to the Ephesians above, we are reminded that all those things we do, whether for our Church, our family, our friends or anyone else, come about because our all-loving God has blessed us with talents and gives us a matching call to use them. It also speaks to the promise of the Holy Spirit given to us and our responsibility to use it. This is both a definite and dangerous reality.

It is definite reality because of the experience of Pentecost: God has indeed poured out His Holy Spirit upon His precious Church and we, as members of that Body, have been sealed through Baptism and Chrismation with that divinely-promised gift. We need not ever question if the Holy Spirit dwells within us; we should always monitor, however, the degree to which we are aware of His presence and whether we confirm that in our lives through the actions and beliefs of our heart.

It is also a dangerous reality because we can make the mistake that we possess that Spirit as owners, rather than receive the Spirit as stewards. This is the path of spiritual deception which have led so many over the centuries to "strike out on their own" and create alternate churches and systems of beliefs because they have felt the Holy Spirit (or so they think) calling them to do so.

Where are we safe? In the Holy Ark of the Church of Christ, which we were given at Pentecost and must never depart. It is there and only there that we will journey the waters of this fallen world into the safe haven of God's heavenly and eternal Kingdom.

Christ is risen! Truly He is risen!

News & Events

EDUCATIONAL MINISTRIES

St. Lydia's Women's Fellowship May 6, 27

The St. Lydia Women's Study Fellowship is a study of scripture, the Orthodox Faith and family life in today's world. The meetings take place every other week on Thursday mornings at 9:30 a.m. at a home in the North Hills. The fellowship is enjoyable and the approach is casual, but the subjects are important for today's families. For further information on this worthwhile and informative group or for directions to the meetings, call Stacy Dickos at 412-367-0925. A complete schedule of dates and topics can be found on our web site at www.HolyTrinityPgh.org. For January, the topics are as follows:

May 6: Pentecost/"The Person of the Holy Spirit"

May 27: God is With Us/Wrap-up

St. Nikodemos Men's Fellowship May 11, 25

The St. Nikodemos Men's Study Fellowship is an Orthodox men's fellowship, study and discussion group which meets **on the second and fourth Tuesdays of each month at from 12:15 to 12:50 p.m.** at the office of TriadUSA, Suite 460, Two Gateway Center, downtown. The group seeks to provide a regular meeting for working men to discuss issues of faith, work and family. It is open to all interested men and has been centrally located downtown to accommodate easy access. They are currently studying different issues of contemporary life and faith, as well as the Epistles of St. John. For directions, call Gus Georgiadis at 412-880-4999.

LITURGICAL LIFE

Upcoming Liturgical Dates May

Please take note of the following upcoming liturgical dates. Unless otherwise indicated, Orthros starts at 8:30 a.m., followed by Divine Liturgy at 9:30 a.m..

The Ascension of the Lord..... May 20

Ss. Constantine & Helen..... May 21

9:30 Regular Divine Liturgy Hours . . . Now in Effect

Don't forget, regular 9:30 Divine Liturgy hours have resumed. Orthros is held at 8:30 a.m. and Divine Liturgy starts at 9:30 a.m. for both Sunday and weekday services through October. Please set your clocks and your personal schedules to be there on time. Thank you!

Feast Day Weekend May 29-31

Please note the schedule of services for the Feast

Day Weekend of our parish, May 29-31. First is the annual Saturday of Souls Liturgy at Holy Trinity Cemetery, then the Feast Day Vespers on Saturday evening. Pentecost Sunday features the Divine Liturgy, Kneeling Service and a Feast Day Coffee Hour. Monday will, of course, celebrate the Feast Day Liturgy of our Church. Here is the complete schedule:

Saturday, May 29

8:00 am Orthros/9:00 am Liturgy: Saturday of the Souls Liturgy at Holy Trinity Cemetery. Experience the timelessness of Orthodoxy with your family, while honoring and remembering all of those who have preceded us. May their memory be eternal! Refreshments will be served.

6:30 pm: Feast Day Vespers at Holy Trinity Church

Sunday, May 30

8:30 am Orthros/9:30 am Liturgy: Pentecost Sunday Liturgy, followed by the Kneeling Vespers of the Holy Spirit and Feast Day Coffee Hour

Monday, May 31

8:30 am Orthros/9:30 am Liturgy: Monday of the Holy Spirit/Official Feast Day of our Church.

BAPTISMS & CHRISMATIONS

Stephen Hodge

The servant of God, Stephen Hodge, was received into the Holy Orthodox Faith through the Holy Mystery of Chrismation on Palm Sunday, April 4, 2004. His sponsor was Gus Georgiadis. May God grant him many years!



Marina Baracos

The servant of God, Marina Baracos, was received into the Holy Orthodox Faith through the Holy Mystery of Baptism on Sunday, April 25, 2004. Her sponsors were Gus and Effie Kilantonis. May God grant her many years!

Reminder Note: The announcement of new births has been added as a community service and will be provided only upon request of the family. In order to have a birth listed, the family must contact the office during office hours with the information and request that the birth be listed in the Herald. Thank you!

News & Events

FUNERALS & MEMORIALS

Anthony Lakes

The servant of God, Anthony Lakes, fell asleep in the Lord on April 24, 2004. The Funeral Service was held at Holy Trinity Church on April 27, followed by interment at Holy Trinity Cemetery. May his memory be eternal! The 40-day Memorial will be held at the Cemetery on the Saturday of Souls, May 29.

Upcoming Memorials

Memorial or Trisagion services have been scheduled for the following souls during the coming weeks:

May 23: George Georgiadis (6 months)

May 29: Anthony Lakes (40 days); Chris Kourakos (1 year)

June 6: James Paras (3 years)

June 13: Jim Hartig (1 year)

REGIONAL NEWS

THEOS Benefit Banquet May 16

The Three Hierarchs Eastern Orthodox School, hosted at Holy Cross Church in Mt. Lebanon, will hold

its 4th Annual Benefit Dinner and Silent Auction on Sunday, May 16 at 6:00 p.m. Southpoint Golf Club. Tickets are available for a donation \$50 and may be reserved by calling Daria Adams at 724-942-8307. The event will feature performances by the Beaver Valley Junior Tamburitians and the Neola Dance Troupe.

FESTIVAL NEWS

Festival Dates September 1-5

Don't forget to keep September 1-5 free to work at, eat at, bring your friends to and enjoy the Holy Trinity Greek Festival. Sign up over the summer to help. Please don't wait until the last minute. Thanks!

Festival Cooking May 6, 13, 20, June 3

A complete schedule was published last month in *The Herald*, but please note the above dates during the next few weeks. Cooking starts at 4:00 and continues into the evening (it's quicker if *you* show up!). Everyone is invited and asked to help. Bring a friend and pack a snack. Call Joyce Athanasiou (412-322-6002) or Julie Kritiotis (412-766-5001) for information.

Community Life Photo Journal

An on-going photo journal of scenes from the active parish life of Holy Trinity Church.

St. Lydia Couples Night



The St. Lydia Women's Fellowship hosted their annual Couples Night on April 25 at the home of Tom and Georgia Mitrakos. The evening included discussion and a specially-designed game, "OrthoQuest."

Parish Council Visits Potential New Church Site



Members of the Parish Council joined the Vision Committee on April 24 for a tour of a potential new church site on Reis Run Road. As they prepare to bring the next and hopefully final property to the General Assembly for consideration, Vision Committee member Bill Fiedler explains options for placing the church, community center

and other components on this expansive, wooded property, which consists of well over 25 acres of gentle, rolling landscape (see panoramic view below),



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Philoptochos Lenten and Holy Week Labors of Love



The Philoptochos Ladies Society gathered during Lent to serve their annual Lenten Luncheon on the Third Sunday of Lent/Godparents Sunday. To the left, the ladies prepare Pascha bread for their bake sale.



GOYA "Pirates of the Aegean" Spring Dance



The GOYA sponsored its second annual Spring Dance this year on Bright Friday, April 16. Their "Pirates of the Aegean" theme included a gangplank and boat!

See these photos and more in full-color at our website: www.HolyTrinityPgh.org!

Holy Week Photo Journal

An on-going photo journal of scenes from the active parish life of Holy Trinity Church.

Children Prepare Palms and Candles for Saturday of Lazarus



Holy Friday Preparation and Services



Community stewardship of time and talents helped make this year's Holy Week services all the more beautiful. Above, Church School children gather to prepare Palm Crosses and candles for Holy Week. Also pictured are scenes from Holy Friday. In addition to those showing preparations of the Epitaphios, the lower left shows His Eminence Metropolitan Maximos' visit on Holy Friday afternoon for the Service of Taking Down From The Cross. Below, the Epitaphios is brought in by young men of our parish after the procession outside around the church.



See these photos and more in full-color at our website: www.HolyTrinityPgh.org!

Holy Week Photo Journal

An on-going photo journal of scenes from the active parish life of Holy Trinity Church.

The Great and Holy Pascha: Christ is Risen! Truly He is Risen!



"This is the chosen and holy day!" The joy and excitement proclaimed in this passage from the Resurrection Canon sung during the Paschal Orthros was everywhere present in the Holy Trinity Paschal Feast. Upper left: Father John raises the Resurrection Candle; Left: Father John Androutsopoulos preaches the Paschal Homily of St. John Chrysostom; Above and right: Parish Council members serve the Resurrection Dinner; Right: Holy Trinity teens bright with the joy of the Resurrection; Lower left: Holy Trinity Acolytes at the Agape Vespers on Sunday afternoon; Lower right: Children of all ages gather for the candy hunt following the Agape Vespers Service on Pascha Sunday afternoon.



See these photos and more in full-color at our website: www.HolyTrinityPgh.org!

2004 Notable Speakers Series: Dr. Alexander Kitroeff

On Sunday, April 18, the Holy Trinity Notable Speakers Series hosted its third event, with a presentation by Dr. Alexander Kitroeff of Haverford University. Dr. Kitroeff spoke on the development and importance of the Modern Greek identity in the modern Olympic movement. His speech was based on his new book, "Wrestling with the Ancients," which is available from GreekWorks.com publishing. Anyone interested in purchasing the book may visit the publisher at www.GreekWorks.com.

We thank Dr. Kitroeff for his informative and entertaining presentation, as well as for his generosity in providing the text of his talk, which has been condensed for publication here. Thank you also to Dr. & Mrs. Dimitris & Maria Kraniou and the Notable Speakers Series Committee for their help in organizing this event.



Modern Greece is the cornerstone of the elaborate symbolism through which the modern Olympic movement asserts its ties with the ideals of the Ancient Olympics. Indeed, the more the Olympics have been threatened by war, commercialization, politics and performance enhancing drugs, the more they have a need to ground their image in the sporting legacies of Ancient Greece. Modern Greece figures in the Olympic movement as the bridge between the present and the past, as the steward of the legacy of Ancient Greece.

This is confirmed by a series of symbolic practices that are integral to the Olympic Games, the only international sporting competition that relies on an extensive set of rituals. I am referring of course to the lighting of the flame in Olympia, the torch relays to the host city and the lighting of the cauldron, the entrance of the Greek team and flag ahead of the parade of nations, the raising of the Greek flag next to that of the host nation, the playing of the Greek national anthem at the closing ceremony and so on.

For many people, modern Greece's position of privilege in the Olympic movement is something natural and self-evident: the modern Olympics trace their origins to Ancient Greece, therefore Ancient Greece's heir, modern Greece obviously plays an important role in the movement.

But if one looks carefully at the history of the Olympic Games, one sees that these symbolic practices I mentioned were introduced



Winner's Cup from the Marathon of the first modern Olympiad, 1896.

relatively late, in the 1920s and the 1930s, a result of a mutual reassessment of the role of the Ancients and a compromise between the founder of the Games, the baron de Coubertin and Greece.

This is just part of a bigger story I tell in my book, *Wrestling with the Ancients: Modern Greek Identity and the Olympics*. The book itself is a story, a narrative account of Greece's increasingly important in the international Olympic movement, from the nineteenth century through the present.

The Olympic Games are a unique international sporting competition because they are modeled on the idealist principles of Games that were held in Antiquity. The purpose of the Olympic Games is to evoke the Olympic spirit, not merely to produce winners, as is the case with other international competitions in sports such as golf, soccer and tennis.

The Olympic spirit is the brainchild of the founder of the Modern Olympics, the baron Pierre de Coubertin, and it amounts to basically a modern application of the ideals of the Ancient Olympics, as conceived in the context of 19th century European romantic philhellenism.

The Ancient Olympics did not always match their lofty ideals and Coubertin was aware of that, but for him the important point was the high standards they set and the ways they enabled sport to become a means of fulfilling human potential.

Coubertin proposed the revival of the Ancient Olympics to an international group of intellectuals and sports administrators at a meeting held at the University of the Sorbonne in Paris in 1894. At the meeting, he also proposed that the first modern Olympic Games be held in Athens, in order to honor the country that was the modern heir of Ancient Greek civilization that



Spyridon Louis of Greece, winner of the first Marathon in the modern Olympics, 1896.

2004 Notable Speakers Series: The Olympics & Modern Greece

spawned the Ancient Olympics. The Greek delegate at the meeting, the writer Demetrios Vikelas, concurred, assuming the government in Athens would also agree. By all accounts the first modern Games were a great success. 241 athletes from 14 nations competed in 43 athletic events in what was the greatest international sporting event in the 19th century.

One would have expected that Coubertin would be preparing to leave Athens gladdened by the outcome of the Games. The first modern Olympics had taken place in an atmosphere of international cooperation and with many explicit and implicit allusions to Ancient Greece and the ancient idealist spirit of the Games. His two-part philosophy, of internationalism and of evoking the ancient spirit had been realized.

However, riding high on the crest of enthusiasm over the success of the games, King George proposed that Greece becomes the permanent venue of the Olympic Games. The American delegation agreed with the idea, inaugurating a series of pro-Greek policies they have adopted throughout the history of the Olympic Games. But Coubertin, whom his hosts had ignored during the Games, disagreed strongly, fearing that it would compromise the international scope of the Olympics. He left embittered and suspicious of the Greeks.

The problem over modern Greece's role in the modern Olympic movement in 1896 was reconciled by a compromise: the Olympic Games would take place in different international venues every four years, but Greece would organize interim Olympics in between. Ultimately, this happened only once, when the Olympics took place in Athens in 1906, in between the 1904 Olympics in St. Louis and the 1908 Olympics held in London. Greece was unable to hold interim Games again because of domestic turmoil in 1910 and because World War One had broken out in 1914. After that, the idea of holding

interim Olympics faded.

Nonetheless, the 1906 interim Olympics in Athens served to strengthen the Olympic Games and guarantee their viability. This was because the second Olympics, held in Paris in 1900 and the third Olympics, held in St. Louis in 1904 were not well con-

ceived. The measures the [1906] organizers took were also important in giving the Games a greater sense of formality and a sense of permanence compared with the previous Games: The 1906 Games were the first in which athletes participated as members of formally organized national teams and participated in the parade of nations which became an important feature of the Games ever since. But the most important effect of the 1906 Games in Athens was that they helped all present to imagine a direct connection with the Ancient past. This is how Sullivan described this sense in his memoirs:

"The Olympic Games of 1906 will go down into athletic history as the most remarkable festival of its kind ever held...The scenes and incidents and everything in connection with the Olympic Games of 1906 made an impression that will never be forgotten and it is hoped that future Olympic Games will be up to the standard of the ones in 1906."

[Later, Greek political upheaval and World War I presented the Olympics] the worst crisis of their existence. Coubertin realized that the movement had to return to its roots and draw sustenance from its Ancient origins. What better way to respond to the cynicism of the modern age than by offering the timeless idealism of Ancient Greek civilization?

Coubertin set about implementing this strategy by including a great deal of ritual and symbolism that evoked Ancient Greece. Since Coubertin could not bring the Olympics back to modern Greece in order



Dr. Alexander Kitroeff
2004 Notable Speaker



View of the entrance of the Pan-Athenian stadium with the Acropolis in the background. In the middle stands the statue of Georges Averoff, who financed the stadium's construction.

2004 Notable Speakers Series: The Olympics & Modern Greece

to recreate the Ancient Olympic spirit, he did the next best thing: he brought modern Greece to the Olympics.

A new ceremonial element was introduced at the Paris Olympics of 1924: raising the Greek flag in the closing ceremony. The thaw in the relations between Coubertin and the Greek side was already evident when a member of the Greek delegation proposed a toast to Coubertin and the leaders of the French Sports Association, during an official dinner, they responded by raising their glasses and crying out, in Greek, "Zêtô ê Ellas" (Long Live Greece)!

The Olympic movement began adding more and more allusions to both Ancient and Modern Greece in its ceremonial element of the Olympic Games. The stadium where the Amsterdam Olympics took place in 1928 included another display of the classical Greek legacy of using fire in religious and sporting activities: the so-called tower of Marathon, atop of which a flame was lit.

For those 1928 Games, Coubertin and the Dutch hosts also came up with the idea of the Greek team marching first in the parade of national teams at the opening of the Amsterdam games. Along with the tradition of the torch relay from Olympia inaugurated in 1936, this practice became a permanent feature of the Olympics.

It is not by chance that International Olympic Committee president Jacques Rogge, responding to pressing questions about Athens' preparations responded that above all, Athens is in a unique position to offer the Olympics its sense of ancient history. We will see if he is right. But meanwhile, we would do well to bear in mind that traffic jams and unfinished stadium roofs aside, there is that bigger picture, Athens' ability to furnish the Olympics with the symbols of the Ancients.

*Dr. Alexander Kitroeff
Holy Trinity Church, Pittsburgh, PA
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The April 18 event started with hors d'oeuvres and a selection of video clips relating to the upcoming Athens 2004 Olympics, followed by Dr. Kitroeff's talk, then dessert and refreshments. Pictured here are scenes from the evening.

Mouse Tales: The St. Spyridon Church School Library Update

Hello, my Precious Children!

Hi! Christ is risen! It is me, Spero, your favorite Church mouse! The month of May is special for many reasons, my precious children, one of them being the spring flowers, which were brought by April showers; the other is Mother's Day. Moms are great! Chances are, your mommy has given you love and attention from the day you were born. And while she knows you love her, she loves to hear you say that you do. But don't forget, you should show your mommy you love her every day of the year, not just on this special day which has been set aside to honor her.



Time for a question: Did you ever wonder how we got here? Well, I was listening one Sunday to a church school teacher. During her class, she was explaining about what happened long, long ago, when God made the heavens and the earth. Boy, do I wish I could have been there watching while Our Heavenly Father was busy creating the world! He scattered the stars through out the heavens and filled the oceans with fish. In the Book "Six Busy Days" by Mary Erickson, my little ones you can enjoy a glimpse of how it might have been as God created the world into being and pronounced it good. Taking pleasure in His work Our Heavenly Father blessed His creation and tucked a miracle seed into each plant and animal so that they would live on and on. He stopped and looked at His creation. It was good in every way. He smiled and said "Ah-h that's good and I like everything I've made". The words in the "Six Busy bays" are sung like a hymn of praise to The One that created all of us.

As I was leaving the class, I heard one of my little ones, being naturally curious, say, "Where is Heaven? How do I get there? Will God be there?" Well my little ones you have so many questions about heaven. The Bible tells us just a little and we need to understand what it says. The Bible makes it clear that Our Heavenly Father wants to welcome us to His home. What a wonderful place heaven must be. I have a book in my library that will help you discover the answers to the wonders of Our Heavenly Father's glorious Home. Read "Someday Heaven," written by Larry Libby. Come visit my library and learn some interesting facts about our church, Heavenly Father, and life. Happy Mommy's Day to all and a special Happy Mommy's Day to my mommy and yiayia and nouna!

Love in Christ,
Spero

Gheronda's Corner

Part of a regular series of contributions by our resident "Gheronda" (respected elder clergy), Father John Androutsopoulos



**Father John
Androutsopoulos**

GREAT DAYS IN MAY

May 9: Mother's Day

One of the sweetest memories that anyone can have is the memory of a good mother. (Please read from Paul's Letter to Titus 2:2-5). We wonder how the children of today are going to remember their living mothers who are resting in eternity.

We can find out much about a child by what he thinks of his mother. There have been many women who were not worthy of the name mother, but thank God, they are a minority group. Good mothers are our nation's and every nation's hope. May God give us mothers who live so well before Him and their husbands and children that every man will respect them and regard their presence.

Solomon wrote of such a blessed mother in the **Book of Proverbs Chapter 31**. She is:

1. Virtuous (v. 10): Not only is she morally and spiritually strong, but she is also a strong woman in character, speech, habits, and home duties.
2. Trustworthy (vv. 11,12): She reverences her husband. He has perfect trust in her. She is the lady of her home.
3. Industrious (vv. 13-19): She is an early riser, a good cook, keeper of a garden. She is happiest when serving her family.
4. Kind and Loving (vv. 20-24): Besides providing for her household, she remembers the poor, provides for the needy, keeps a clean house, and is hospitable.
5. Wise (v. 26): Her judgment is heeded, for her words are wise. Her thoughts are clean; no gossip comes from her lips.
6. Busy and Blessed (vv. 27-29): Her husband and children honor her. She is praised for her excellence and sweetness. She fulfills her mission as a wife and mother.
7. Godly (vv. 30,31). She loves her God and holds Him in reverence and awe. She sets a good example, leading her house in prayer, becoming an emblem of generosity. Her good life is known by all. Her children are a blessing to her. Her God honors her.

Dear Mothers: this is the Day which the Lord has made for *you*, so rejoice and be glad in it! Have a Happy and, Blessed Mother's Day. And to those of our mothers who are resting in eternity, "May their memory be eternal!"

May 20: The Ascension of Our Lord

(Please read: Acts 1:9-11) "And ascended into Heaven, and sat at the right hand of the Father. (6th article of The Creed).

The best part of any trip is getting home; now Jesus is home in heaven at last. No more cruelties, no more injustices, no more beatings, no more sweat, blood and tears. Gethsemane is over, Calvary is past, the Tomb is empty and the Son of the Living God is, at home.

What a reception He must have received! How the angels must have crowded around Him! How warm must have been the embrace that He received from, His Heavenly Father! What great rejoicing there must have been in heaven! Christ ascended into heaven in the presence of His apostles and disciples, to their great joy and consolation. We also, Orthodox Christians, have cause to rejoice, because Christ once more has opened the gates of heaven, in order that we, if we but will, may enter them by His Grace, Faith and good works.

May 30th: Pentecost

On the day of Pentecost we celebrate the descent of the Holy Spirit upon the apostles and disciples. Christ Himself calls receiving the Holy Spirit a baptism, when saying to His apostles: You shall be baptized with the Holy Spirit not many days hence." (Acts 1:5.) We also, celebrate the "birthday" of our Church.

It was the fiftieth day since the resurrection. It was a great day. Peter preached a great sermon. All fear was gone. The eager crowd stopped the sermon with a great question: "Men and brethren, what shall we do?" Peter gave them the great answer, "Repent, and be baptized every one of you in the name of Jesus Christ for the remission of sins." There were great results. Three thousand were baptized. The Church was on her way! It is a great Church, with a great message of salvation through the Risen Lord. Jesus loved the Church and gave Himself for it (Ephesians 5:21-32). Do we love the Church? Will we give ourselves for her? Jesus did it! Let us imitate His example. Christ Is Risen - Truly He Is Risen!

*With the love of the Risen Lord,
Rev. Fr. John K. Androutsopoulos*

The Cultural Side • Η Πολιτιστική Πλευρά

A Greek language offering for the Feast of the Pascha and the Resurrection of our Lord Jesus Christ



Voula Hareras



ΕΛΑ ΓΛΥΚΙΑ ΜΟΥ ΠΑΣΧΑΛΙΑ!

Ελα γλυκία μου Πασχαλία
στον κηπο μας και παλι,
ν ανοιξουν τα τριανταφυλλα
ν ανθισει το χορταρι,

ν αρχισει ο σπινος το γλυκο
της Ανοιξης τραγουδι,
να βγει στου ηλιου τη χαρα
περιπατο το ζουδι...

Ελα, γλυκία μου Πασχαλία
στο φως σου ηλιοντυμενη...
Ηταν βαρια η χειμωνια
και χιονοφορτωμενη...

Ελα, και τιναξε απ τη γη
σε νεα ζωη το σταχυ
κατω απ το χωμα σαπισε
τ ολο ζωη σπορακι!

Ελα, γλυκία μου Πασχαλία.
Στον ερχομο σου η πλαση,
ντυμενη τα γιορντανια της
θα βγει να σε γιορτασει.

Κι εγω, σαν της χαρας πουλι
σαν της αυγης αηδονι
θα το λαλησω ν ακουστει
στην κοιμισμενη πολη.

—Αδελφια, Ανασταση! Χαρα!
που θα σταθει πια η θλιψη!
Χριστος Ανεστη! κι η καρδια
σα ροδονια θ ανθισει!
Ολα σκιρτουν! Ολα γελουν!

κυλουν στ αυλακια μυρα!
Οι Μυροφορες φερνουνε
το μηνυμα αμ το Μνημα!

Κυλιστη η πετρα η βαρια!
Αδειος ο ταφος!
—Ανεστη ο Κυριος! μηναι
ο Αγγελος με θαμπος!

Και να Τος, που φεγγοβολα
την αφθαρσια ντυμενος
και δωρα πρωτογνωριστα
μοιραζει Αναστημενος!

Δυναμη θελεις; Χαρα; Φως;
Ζωη; Ειρηνη; Θαρρος;
Της λευτεριας πασιχαρος
ολοχιονατος γλαρος

να γινεις θελεις; η λαμπρη
μια του Χριστου ηλιαχτιδα
που να μηναις Ανασταση
κι Αθανασιας ελπιδα;...

Χριστος Ανεστη! Αλλη χαρα!
ανθοβολα στη γη μας!
κι οι Ουρανοι ολανοιχτοι
παντοτεινα δικοι μας!

Ευχομαι η Αναστασης του Κυριου
να φερει υγεια και χαρα σε ολους σας
και ειρηνη στον κοσμο.

A.A.

Βουλα Χαρερα

Summer Services and Stewardship at Holy Trinity Cemetery

Holy Trinity Church is one of the few Greek Orthodox parishes in the region to have the blessing of owning our own cemetery as a sanctified place of repose for our beloved fathers, mothers, brothers and sisters who have fallen asleep in the Lord. As such, we are the Stewards of their place of rest and have the responsibility to respect, care for and sanctify these grounds. The events below are a calling for each of our parishioners to take part in this sacred calling. Please place these events on your personal calendar and plan on attending them!



COMMUNITY CEMETERY CLEAN-UP DAY SATURDAY, MAY 15 - 10:00 AM

It is said that the tomb of Alexander the Great read the following: "A tomb now suffices for him whom the world was not enough." No matter how great or humble our life, it makes its final journey on earth through the cemetery, so caring for that place of rest until the Second Coming of the Lord is a holy commission.

Please join us at our annual **Community Cemetery Clean-Up Day** scheduled for **Saturday, May 15**. Families and volunteers are

asked to come between 10:00 a.m. and 2:00 p.m. to help with flower-planting, debris pick-up and brush-clearing, as well as individual grave work. Topsoil will be available for use on your loved ones' graves.

Lunch will be provided for all volunteers.

Thank you for helping make our Holy Trinity Cemetery look great and for honoring the many beloved members of the Holy Trinity parish family who have been laid to pious rest in this holy place!



VETERAN'S MEMORIAL SERVICE MEMORIAL DAY MONDAY, MAY 31, 11:30 AM

The tradition of Memorial Day started in 1866 as local observance of honoring those who died in the Civil War. After World War I, observances also began to honor those who had died in all of America's wars. In

1971, Congress declared Memorial Day a national holiday to be observed on the last Monday of May to honor our heroes who gave their lives in battle.

Please join together in front of the **Holy Trinity Cemetery**

War Memorial at 11:30 am on Memorial Day (following our Feast Day Liturgy at Church) as we hold a special ceremony to honor those who have given their lives serving their country.

This is especially timely with the lives lost in the war with Iraq. (Also note: this service is to commemorate our veterans; it is not a general memorial service for all the departed that service is described below.)



PENTECOST SATURDAY OF THE SOULS & HOLY TRINITY FEAST DAY WEEKEND DIVINE LITURGY & COMMUNITY MEMORIAL SERVICE AT THE CEMETERY SATURDAY, MAY 29, 2004 - 9:30 AM



On Pentecost weekend, a "Saturday of the Souls" liturgy is called for in the liturgical calendar of the Orthodox Church. This is also the Feast Day weekend of our parish, when we celebrate not only the many good things and blessings of today, but also give thanks for the blessings and the people of the past and the history of our community.

In observance of those events, we will once again hold our memorial prayers at the cemetery this spring during a special **Saturday of the Souls Liturgy at Holy Trinity Cemetery on Saturday, May 29**. Orthros will begin at 8:30 a.m., followed by Divine Liturgy at 9:30 a.m. This liturgy and memorial combination has become a blessed and well-attended celebration, with dozens of Holy Trinity parishioners coming to honor and pray for all the beloved departed souls of our parish. Please use the names form in *The Herald* to commemorate your loved ones.

As the community continues its plans to build a chapel on the cemetery grounds, may we let our dedication to our liturgical observations at the cemetery demonstrate how important it is to properly remember our loved ones. Anyone interested in helping make this service possible by donating items such as the rental of chairs, rest rooms or a tent, please contact Bill Fiedler at 412-364-1545. All other donations received that day will be dedicated to the chapel.

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412-364-1545

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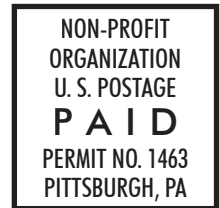
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WHY WE NEED THE HOLY SPIRIT

The Apostle Paul is clear when he says, “those who are led by the Spirit of God are sons of God” (Rom. 8.14). Not all people who were created by God are children of God, but only those who are led by the Holy Spirit. Sonship is connected with inner (noetic) prayer, “And by him we cry, ‘Abba, Father’” (Rom. 8.15). The Spirit of God which will be present in the heart of man “testifies with our spirit that we are God’s children” (Rom. 8.16). He is himself a son of God who has the Holy Spirit within him, which testifies with our spirit and confirms that the man is a child of God. However, the presence of the Holy Spirit in our heart is confirmed by the inner prayer of the heart, which comes with a cry.



If anyone does not have the Spirit of God in him, he does not belong to Christ, which means that he is not a living member of the Body of Christ. Even if he has been baptized at some time, the grace of Baptism remains inactive, and this man is a dead member of the Church. This is said by the Apostle Paul in an important and revealing passage: “And if anyone does not have the Spirit of Christ, he does not belong to Christ” (Rom. 8.9). No one belongs to Christ if he does not have the Holy Spirit, with the preconditions which we have seen before. By contrast, if anyone has in him the Holy Spirit, he is really a member of the Body of Christ, since he is not “controlled by the sinful nature but by the Spirit” (Rom. 8.8-9).

From “Feasts of the Lord,” by Metropolitan Hierotheos of Nafplaktos