



Monthly Parish Newsletter  
Holy Trinity Greek Orthodox Church  
Pittsburgh, Pennsylvania  
Fr. John Touloumes, Economist

### Inside This Issue

- 2 Father John's Message
- 3 News & Events
- 4 Stewardship Update
- 5 Gheronda's Corner
- 6-14 Expanded Edition of the  
Community Life Photo Journal:
  - JOY Mini-Retreat/Outreach
  - Mother's Day Luncheon
  - GOYA Senior Dinner
  - Pentecost Feast Day Picnic
  - Church School Graduation
- 10 2006 Holy Trinity Graduates
- 15 "Kisses Through the Window"
- 16 The Cultural Side  
Η Πολιτιστική Πλευρά
- 16 Our Worship - Part 12
- 17 2006 Paschal Donations

### Special Inserts

July Parish Calendar

IMPORTANT LETTER TO THE  
COMMUNITY FROM FATHER JOHN  
AND THE PARISH COUNCIL

# THE HOLY TRINITY HERALD

1923 · EIGHTY-THREE YEARS OF MINISTRY · 2006

Our Mission: To proclaim and live the Orthodox Christian Faith in its fullness as faithful members of the Body of Christ

July 2006

[www.HolyTrinityPgh.org](http://www.HolyTrinityPgh.org)

Volume 14 – Issue 7

*The Holy Prophet Elias*  
*Feast Day: July 20*



## Father John's Message

### THE HOLY TRINITY HERALD

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Holy Trinity  
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This issue of  
The Herald  
is sponsored  
in memory of  
John W. Chapas  
by  
Bill & Sophea Chapas  
and Family  
May his memory be  
eternal!



*"I pray that God would fill your  
heart with dreams and that  
faith gives you the courage to  
dare to do great things"*

*Mark Harris (Contemporary Christian Artist)*

Dear Brothers and Sisters in Christ,

Here we are again in the midst of graduation season. Parents, grandparents, aunts, uncles and others are gathering with a unique mixed sense of pride, thanksgiving and anticipation as the young souls they have watched grow head out into the world of college, work and "real life" to plow a path into the future. The song quoted above has been making the rounds on the contemporary Christian music circuits and is emblematic of the hopes and prayers of every faithful Christian parent that their child may, above all, find the path and calling that the Lord has specially prepared, for in that calling God is obeyed, mankind is served and the souls of our children are proven worthy of their high calling as saints in Christ.

As the spiritual father of this holy community of faith, I must admit there is the same sense of anticipation on a continuing basis as I see this family in Christ step up to that divine calling with each turn in its life. That is especially made manifest in the willingness to look outside ourselves and truly serve the Lord's call help others without regard to our own personal or communal gain or benefit. I am truly inspired and thankful for the transforming efforts to reach outside ourselves and simply fulfill the call of Christ to help those around us. There are so many examples: the years of Project Mexico mission trips, the twice-annual homeless sit-down lunches, the support for local missions and philanthropic social services (such as the Millvale clean-up projects); the unbelievable generosity of donations for the local needy children at Christmas; the Agape Fund; and the list goes on.

Such great strides are simply not possible except through faith, because the world of its own will compels us to simply take care of ourself and not worry about anyone else. It is only through Jesus Christ, Who is love incarnate, that we can move from this self-interested concern to "agape," the love spoken of in the First Epistle of St. John: "In this is love, not that we loved God but that he loved us and sent his Son to be the expiation for our sins. Beloved, if God so loved us, we also ought to love one another" (1 John 4.10-11).

So, returning to the above quote, I will once again dip into the well of non-Orthodox inspiration to explain just how we can meet the challenge to "do great things." Years ago, Mother Teresa, who served the poorest of the poor in the slums of India, said, "We can do no great things—only small things with great love." So turning the words of the song around, "the courage to dare to do great things" really means the courage to set our own selfish and self-centered interest aside to bring the love of our self-sacrificing Savior to others who are in such desperate need of knowing that some—especially the Almighty God and Creator of the Universe—loves them so much that "He gave his only Son, that whoever believes in him should not perish but have eternal life. For God sent the Son into the world, not to condemn the world, but that the world might be saved through him" (John 3.16-17).

So, have fun visiting and supporting the local Greek festivals this year; but pray that with each dollar you provide to our own and sister communities, it may bring them and us a step closer to fulfilling the call to serve, to witness and to bring the love of Christ to the world.

Have a blessed summer! In Christ,



## News & Events

### FUNERALS AND MEMORIALS

#### Dedousis

The servant of God, Leonidas Dedousis, fell asleep in the Lord on May 29, 2006. The Funeral was held at Holy Trinity Church on June 1, followed by interment at the Saint George Chapel at Holy Trinity Cemetery. A 40-day Memorial has been scheduled for July 9. May his memory be eternal!

#### Welsh

The servant of God, Julia Welsh, fell asleep in the Lord on Pentecost Sunday, June 11. The Funeral was held at Holy Trinity Church on June 14, followed by interment at the Saint George Chapel at Holy Trinity Cemetery. A 40-day Memorial has been scheduled for July 23. May her memory be eternal!

### SACRAMENTAL REGISTRY

#### Chrismation: Ferrari

The servant of God, Matthew Ferrari, was received into the Holy Orthodox Christian Faith through the Holy Mystery of Chrismation on Pentecost Sunday, June 11, 2006. His Sponsor was Presvytera Becky Touloumes. May God grant him many years!



### COMMUNITY LIFE

#### Holy Trinity Day at the Pirate Game..... July 16

Rounding out the Social Committee's "Summer Triple-Header" is Holy Trinity Family Day at the Pirates, Sunday, July 16 at 1:30 pm. This day will start with Divine Liturgy at 9:30 am, followed by a Holy Trinity Pirate Tailgate in the church parking lot and lawn, with

hot dogs for only \$1. The game will then start at 1:30, and you can even walk there from the church and save on parking! Tickets are only \$9.00 per person. Purchase your tickets during Coffee Hour or contact Nikki Marsh at 724-625-2729 or Jim Balouris at 724-934-4850. See the enclosed flyer.

#### Festival Dates ..... August 30-September 3

Don't forget to keep August 30-September 3 free to work at, eat at, bring your friends to and enjoy the Holy Trinity Greek Festival. Please don't wait until the last minute to help: please show up for cooking now and sign up to help at the Festival as soon as the sign-up boards appear at Coffee hour.

Also, please take flyers (including the annual Pittsburgh Summer Greek Festivals Guide) to your friends, family and places of work. They are available on our web site, [www.HolyTrinityPgh.org/festival](http://www.HolyTrinityPgh.org/festival). Don't forget, word-of-mouth is the most powerful form of advertisement, so get the word out today!

#### Festival Cooking Dat Changes ..... July

A complete, consolidated schedule for Festival Cooking was enclosed in the last issue of *The Herald*. Please note the dates on your schedule and step up to your place as a Holy Trinity steward. Everyone is invited and asked to help. Bring a friend and pack a snack. Call Joyce Athanasiou (412-322-6002), Paula Valliant (412-487-3977) or Kay Balouris (412-766-1263) for information on specific dates. Most importantly, keep in mind that each of us has an important part in this very large labor of love. Please don't wait for a phone call: consider yourself invited!

**IMPORTANT UPDATE:** Please note that the Dolmathes cooking dates posted in the original schedule have changed. The new dates are:

**Sunday, July 23**, following Liturgy (special request is being made for help from the GOYA and JOY children for the preparation of the grape leaves. Please bring a scissors with you!)

**Monday, July 24, 9:00 a.m.-??:** Dolmathes rolling. Last year they were completed in one day. Let's do it again!



## News & Events

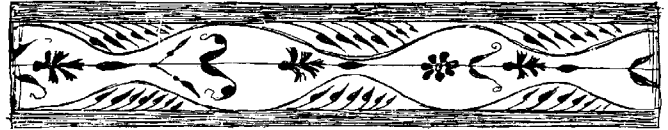
### REGIONAL NEWS & EVENTS

#### St. Anthony Feast Day Celebration

The annual pilgrimage picnic of St. Anthony's Greek Orthodox Church (424 Miller Ave. Clairton, PA 15025) will take place Sunday, July 23. Metropolitan Maximos will be officiating for the holy services: Orthros 8:30 a.m.; Hierarchical Divine Liturgy 9:30 a.m. Following the conclusion of the services there will be a luncheon with souvlakia, chicken, rice, pastries, etc. Everyone is welcome.

#### Teacher Position Available at T.H.E.O.S.

Three Hierarchs Eastern Orthodox School currently has an opening for a Kindergarten through Eighth Grade teacher. If you are interested in learning more about the position, please call Dr. Christal Chaney at 412-851-7279.



## Stewardship Update

### Holy Trinity Stewardship 2006 Update



#### The Good, The Bad and... well, you know..!

First, the good news: Thanks to your continued submission of pledge cards, we have reached 220 pledges for 2006! Also, as of now, we've received 25 cards from totally new members to the community.

But – now the not-so-good: There are still 48 members from 2005 who have not yet submitted their cards!

The average pledge is currently at \$500. Besides the 25 new members, 63 have increased their pledges over last year, 97 kept them the same and 35 chose to reduce them.

Many of you came forward and inquired as to your status. And many were surprised to find out that they hadn't submitted their pledge cards as yet. Please remember: If you haven't seen your name on the lists that were published in the Herald over the past few months, you probably still have your pledge card somewhere in your home! It is your responsibility to make sure it is submitted. The fact that you receive the envelopes in the mail does not always mean you are in good standing. Please pick up a pledge card from the church office or the pangari and complete it as soon as possible. If you are not sure, please give the office a call.

And remember: Starting this year, zero pledges will not qualify you as being in good standing.

Thank you good and faithful stewards!

#### Πρόγραμμα Εκούσιας Εισφοράς

Αγαπητοί πιστοί της Αγίας Τριάδας, χρειαζόμαστε την βοήθεια σας ώστε όλα τα μέλη της ενορίας μας να έχουν στείλει τα δελτία προσφοράς τους. Εάν δεν έχετε δει το όνομά σας στις λίστες που έχουν δημοσιευτεί στο Herald, κατόπιν πρέπει να πάρετε ένα δελτίο από το γραφείο της εκκλησίας ή το παγκάρι και να το συμπληρώσετε το συντομότερο δυνατόν. Εάν δεν είστε βέβαιοι, παρακαλούμε τηλεφωνήστε στο γραφείο. Υπάρχουν 48 από σας που υπέγραψαν δελτία πέρυσι και δεν έχουν υποβάλει ακόμα ένα για το 2006. Είμαστε επίσης ευγνώμονες για τα νέα μέλη - πρόσωπα άνω των 18 και νέες οικογένειες. Υπάρχουν εικοσι-πέντε νέα μέλη φέτος! Δείτε άλλες στατιστικές και πληροφορίες σε αυτήν την σελίδα.

*Michael Kritiotis*  
Stewardship Chairman

## Gheronda's Corner

Part of a regular series of contributions by our resident "Gheronda" (respected elder clergy), Father John Androutsopoulos



Father John  
Androutsopoulos

### On Love

*"Love the Lord your God with all your heart, with all your soul, with all your strength and with all your mind; and love your neighbor as yourself."*

(Luke 10.27;

*Please read the Parable of the Good Samaritan)*

### What does it mean to love God above all?

It means to esteem God more than either one's own self or any other created being, and to prefer His will before all else.

### Why must we love God above all?

1) Because He is the highest and most perfect good and supernatural being. 2) He loves us with His infinite love and daily confers on us the greatest blessings. 3) Because He commands us to love Him and as a reward promises us eternal beatitude.

### What does it mean to love God with our whole heart, our whole soul and all our mind?

It means that we must employ all the powers of the soul, all reason, all will and all our memory in loving God.

### How do we employ our will in loving God?

By striving to have so great an affection for God, that we would lose everything created rather than for its sake offend God in the least. Thus did the saints practice the love of God in a most excellent manner, being ready to sacrifice not only their earthly blessings received from Him, imploring Him for them, and thanking Him for all His benefits.

### How to we employ our memory in loving God?

1) By being mindful of His presence at all times and in all places. 2) By remembering the many blessings received from Him, imploring Him for them, and thanking Him for all His benefits.

### What does it mean to love God with all our

### strength?

It means to use and employ the strength of our body, our senses, our hands, our feet, our tongue—in a word, all our faculties—for the honor of God.

### Which is the best means to obtain this perfect love of God?

Praying to God fervently and constantly to pour into our hearts the spirit of His love.

### What does it mean to love our neighbor as ourself?

It means: 1) do not do to him what we would not want done to us; 2) do to him what we would like to have done for ourself. Such upright love was exhibited by the Good Samaritan to the one who had fallen among robbers.

### In what manner can we practice this love toward our neighbor?

By the spiritual and corporal works of mercy; especially:

1) By rejoicing at the blessings and gifts, the graces of body and soul which God has given him, and by sorrowing over his misfortune. 2) By praying for him, that all grace might be given to him. Thus did St. Paul pray on bended knees to the Father of our Lord Jesus Christ for the Ephesians, that they might be filled with the knowledge of Christ and all perfection.

3) By bearing cheerfully,

and overlooking, the shortcomings and frailties of our neighbor, and being patient with him in his sickness and infirmity, as St. Paul advises us: "Bear one another's burdens, and so fulfill the law of Christ." (Gal. 6.2).

### Who is meant, in the parable, by the man that fell among the robbers?

Mankind, which fell by the disobedience of Adam into the power of the devil, was robbed of justice and holiness, and wounded and weakened in intellect, will and memory. The "Good Samaritan" Who caused its cure is Jesus Christ, the *true friend* of the human race.

*With His Love,*

*Rev. Fr. John K. Androutsopoulos*





## Community Life Photo Journal: JOY Mini-Retreat/Outreach

Scenes from the annual Holy Trinity JOY Mini-Retreat and "Help the New Orleans Flood Victims" project.



Each year during Lent, Holy Trinity JOY holds a Lenten Mini-Retreat. Usually, it involves learning about a lenten topic and having fun making project and playing with JOY friends. This year, the event had a special added feature: the children devoted part of the time to making Easter baskets for Orthodox Christian families affected by the hurricanes and floods in New Orleans. As witnessed to by the note to the right, the project was coordinated by the Metropolis of Atlanta Philoptochos for families in Louisiana and Mississippi. The children did everything from stuffing the baskets with candy to wrapping them to preparing them for shipping in large boxes. Overall, dozens of baskets were donated by the children and families of Holy Trinity JOY.





# Community Life Photo Journal: JOY Mini-Retreat/Outreach

"Thank You" notes from the National Philoptochos and the recipients after the Easter Basket for hurricane victims project.



May, 2006

Dear JOY Group,

You cannot imagine the surprise and pleasure the beautiful baskets you sent to my children brought!

Your generosity and thoughtfulness have reminded us, yet again, of the goodness of people. We are humbled to be in the receiving end. Thank-you for caring!

The Michaelides Family

To all the children of the JOY Group of Holy Trinity, you all made our Pascha more special than ever! Constance and Nicholas of course loved the Easter baskets! Thank you all for thinking about us during this beautiful holy season - you gave us a new reason to smile! Love, the Stokes family



## Community Life Photo Journal: Mother's Day Lunch

Beautiful memories of a day of honor and thanks for all the mothers of Holy Trinity Church family. We love you!



Many thanks to the Parish Council Social Committee for reviving a great Holy Trinity tradition: the Mother's Day Luncheon. On Sunday, May 14, all the mothers of the parish were treated to a complimentary luncheon. May God grant all the mothers many years and bring them heavenly rewards for the many ways they bring God's love to their children and all God's people!



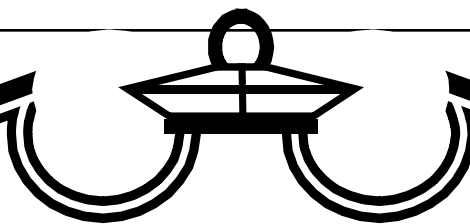


## Community Life Photo Journal: GOYA Senior Dinner

Congratulations again to our GOYA seniors! Well done, good and faithful servants of Christ! God bless you!



On Wednesday, May 31, the parents and teens of Holy Trinity GOYA hosted the annual GOYA Senior Recognition Dinner, during which the graduating seniors of the GOYA were honored for their years of participation in the life of the GOYA ministry. Dozens gathered to thank, honor and have plenty of fun with the graduates. Pictured L-R: GOYA Advisor Presvytera Becky, George Kilantonis, Nicholas Mitrakos, Maritsa Scoulos-Hanson, Stavroula Pantelakis, Michael Georges, Victoria Kritiotis, Andrew Athanasiou and Father John. May God grant them many years of life and blessings filled with all the blessings of heaven and earth, rejoicing in their God-given gifts and success and blossoming as good and faithful servants of Christ and His Holy Church!



# HOLY TRINITY CHURCH CLASS OF 2006

Please join us in celebrating the talents and God-given gifts of the students from Holy Trinity Church who are graduating from high school and college this year. We also thank God for the families, relatives and community which have nurtured them in the rich soil of the Holy Orthodox Faith. May God be with them!



**Andrew Athanasiou**  
Taylor Allderdice High School

Andrew is graduating from Taylor Allderdice High School with high honors. He is one of 30 Pre-Engineering students and part of the "CAS" (Center for Advanced Studies) program. He served as Student Manager for the school's baseball team. Andrew has been active in the life of Holy Trinity Church the Metropolis of Pittsburgh for many years, including: Summer Camp, Vacation Church School, Holy Trinity Acolytes, Church School, the Holy Trinity Festival and Holy Trinity GOYA. He has been a GOYA officer for the past three years. On a national ministries level, Andrew participated in the 2005 Crossroad Program at Hellenic College in Brookline, MA, and is a Holy Trinity 2004 and 2006 Project Mexico missionary. He plans to attend the University of Akron in the fall, where he will major in Engineering.



**George Kilantonis**  
Bethel Park High School

George Kilantonis is graduating from Bethel Park High School, where he played in the Orchestra for 10 years. He was also a member of the Robotics Club, where he built a robot that won awards for Best Design and Most Creative Design. George has participated in Holy Trinity GOYA, including the basketball and volleyball teams. He is also the reigning champion of GOYA hoagie sales! He also has participated in Holy Trinity Church's Greek School, Greek Dance troupes and annual Festival. He will be attending California University of Pennsylvania, where he will major in Education.

**Michael Georges**  
North Hills Christian School

Michael is graduating from North Hills Christian School, which he has attended since eighth grade. While there, he was a member of the school's soccer team, which won three state championships, and the school's basketball team, which went

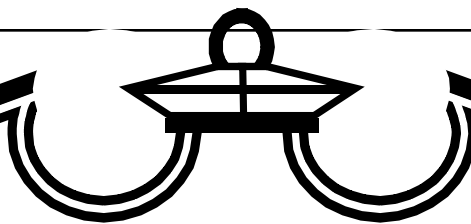


to the state tournament twice. He was also class treasurer during his senior year. Michael has been part of Holy Trinity GOYA since age 13 and has participated actively in GOYA basketball, outreach programs and many other GOYA events. He has served Holy Trinity Church as an acolyte and as a Festival volunteer. He plans to attend Penn State Behrend Campus in the fall with a major in engineering.

**Truth** is the foundation of everything that has been created. Let truth also be the foundation of all your works, inward and outward alike, and—above all—the foundation of your prayers. Let your all your life—all your thoughts, all your desires, all your works—be founded upon truth."

St. John of Kronstadt





# CONGRATULATIONS TO OUR GRADUATES!

## Victoria Kritiotis

Perry Traditional Academy



Victoria Kritiotis is graduating with honors from Perry Traditional Academy. She is a recipient of the North Side Leadership Conference Scholarship for Community Involvement. She has been active in many areas of life at Holy Trinity

Church, including serving as GOYA President during her senior year. Vicki has also been involved with the Sarah Heinz House Keystone Leadership Program. Last year she won an all-city award for one of her artistic creations. She plans to attend Slippery Rock University in the fall with a major in Finance.

## Nicholas Mitrakos

Fox Chapel High School



Nicholas Mitrakos is graduating from Fox Chapel High School, where he won second place in the Shakespeare Monologue contest and participated in the Pittsburgh Public Theatre Shakespeare contest. He also has been active in athletics through football and baseball and was a member of the varsity lacrosse team. In addition, Nick holds numerous Fox Chapel weight-

lifting records. He has volunteered for Stage Right in a production of the Odd Couple and was the stage director for the Fox Chapel District's production of The Follies.

Nicholas has been involved in the Church on the local level at Holy Trinity Church and GOYA and on the national level as a 2004 & 2006 Project Mexico missionary and a participant in the Hellenic College Crossroad Program. He will attend University of Akron and major in Education.

## Maritsa Scoulos-Hanson

Mt. Lebanon High School

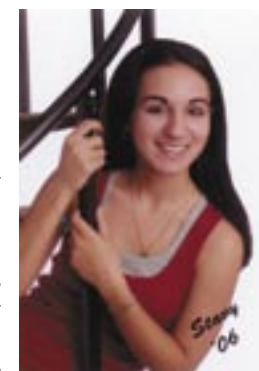


Maritsa Scoulos-Hanson is graduating Cum Laude with high honors from Mt. Lebanon High School. She is a member of the National Honor Society. Maritsa has participated in the Holy Trinity Church School and GOYA ministries

and has been a member of the GOYA basketball team. She plans to attend the University of Pittsburgh in the fall, where she will major in Pre-Med/Neuroscience.

## Stavroula Pantelakis

Aliquippa High School



Stavroula Pantelakis is graduating from Aliquippa High School, where she was part of the Student Council, Spanish Club, Quips for Christ, Talent Search, Yearbook, Chorus and National Honor Society. She was also a member of DECA for four years, serving as President her senior year and a three-year member of the softball team. She played GOYA basketball and was in two Greek Dance groups. She plans to attend Slippery Rock University in the fall and major in Special/Elementary Education.

"Let your light so shine before men, that they may see your good works and glorify your Father in Heaven."  
(Matthew 5:16)

## Community Life Photo Journal: Holy Trinity Feast Day Picnic

"Sports Center" highlights from the Great All-Community Baseball Game at the Holy Trinity Picnic on June 11.





## Community Life Photo Journal: Holy Trinity Feast Day Picnic

**And of course, what would a good 'ol Greek picnic be without the Greek food and dancing?**





# Community Life Photo Journal: Church School Graduation

**Class Photos of those in attendance at the Annual Holy Trinity Church School Graduation Celebration**



June 11, 2006: Students and Staff from the Holy Trinity Church School Ministry gather to honor the students and graduates. Pictured here clockwise from top left: Toddlers, Kindergarten, Third-Fourth, Seventh-Ninth, St. Spyridon Library Award Recipients and Staff, Tenth-Twelfth, Fifth-Sixth, First-Second. Thanks also to all the parents for all their support and efforts!





## “Kisses Through the Window”

*Recently, Father John attended a funeral at another parish of a beloved friend of Holy Trinity Church who had fallen asleep in the Lord, Dorothy Megaludis. At the “Makaria” (memorial meal), a beautiful reading was offered by the family. It was composed by her daughter, Alexis, who wanted to share with those in attendance an inside look at the ravages of Alzheimer’s disease and to provide comfort and inspiration for the many people who so lovingly walk the journey of this illness with those close to them. It is reprinted here by permission of the author.*



It’s hard to remember that woman so bold  
So in control- her family her world  
Where did my mother go?  
The woman I used to know  
Giving advice for anything at all  
Her thoughts on life, no matter how small  
So when did she change? When did she fall?



As I look back, it simply couldn’t be  
When would God set her mind free?  
Who is this person that looks like my Mom  
Yet behaves like none other, one so calm.

A spirit so gentle for just like a dove  
So freely expressing her ongoing love  
She stood blowing kisses from a window up high  
Waving excitedly saying good-bye.

Oh and how she would smile, that beautiful smile  
Not understanding words but content all the while  
I struggled with many days of upheaved emotion  
God teaching me patience, love and devotion.

Every day was special and blessed as can be  
I understood this was the way things would be  
I knew that God granted my Mom a gentle spirit  
Through Him the narrow pathway to heaven was lit.

Although you are gone I must say good-bye  
My love for you Mom will never die  
As I gaze upon the sky so high up above  
I can still see you blowing kisses with your eternal love.



*Alexis Megaludis-Politis*

## The Cultural Side • Η Πολιτιστική Πλευρά



Maria Kraniou

*This year's Archdiocese Clergy-Laity Congress is being held in Nashville, Tennessee, home of a life-size re-creation of the Parthenon. In light of that, the following article is being offered by Maria Kraniou on some interesting developments in the life of the real Parthenon in Athens. Thank you, Maria!*

### Scientists retrace Parthenon's brilliant hues

Tests turn up bits of ancient red, green and blue paint on temple

If the ancient Greeks sold postcards to tourists 2,000 years ago, they would have depicted much different views of the popular sites that visitors flock to today.

Archaeologists say many of the stony ruins looked much different in their prime. Many were brightly painted in hues that have faded with time and, in some cases, with forced removal.

The Parthenon in Athens was once covered in colorful splashes of paint, for example. It has long been known that the formidable marble temple, which sits atop the capital city's Acropolis citadel, had been painted.

New tests, performed by Greek archaeologist and chemical engineer Evi Papakonstantinou-Zioti, confirm the use of brilliant shades of red, blue and green.

Traces of the colors were found during a laser cleaning done as part of ongoing restorations to the temple, built in 432 B.C. Simple weathering caused the colors to fade over time, said Sara Orel, associate professor of art history at Missouri's Truman University.

"Weathering through the bleaching of the sun, blowing of the sand, etc., and more modern pollution-caused damage" are the major culprits, Orel told LiveScience. She sees this through much of Egypt, where the carved

designs on most ancient buildings were painted to make them stand out more prominently against lighter stone. Today those colors are barely visible.

One renowned institution has come under fire for how it may have helped the Parthenon's aging process along. Some of the Parthenon's most intricate carvings now reside in a specially built wing of the British Museum in London. The panels in the collection, dubbed the Elgin Marbles, may have been stripped of some of their remaining color for aesthetic purposes when they arrived in London in the early 19th century and again over subsequent cleanings, experts say.

One cleanup in the 1930s was particularly devastating. A historian at Cambridge University claims museum representatives used steel wool and chisels for the task — hardly the stuff of sophisticated conservation efforts employed today. The thinking is that the museum reps were operating under the same assumption held by most of the modern public: that the sculptures were originally a bright white.

"Michelangelo's sculpture wasn't painted, and great classical sculpture was thought not to be either, so they improved the stuff," Orel explained. "At the time it was not quite the horrific thought that we would make it now."

Ian Jen-

kins, writing in a paper released by the British Museum in 2001, stops short of saying the mistakes in the 1930s were responsible for turning the Elgin Marbles from a colorful spectacle into the blander gray-white collection currently on display, however.

"I estimate that when the sculptures entered the museum, less than 20 percent of their overall surface retained its coating, of which in the 1930s about half was removed," Jenkins writes. "But natural weathering is by far the single most important factor determining the surface and color of the sculptures as we see them today."



Iowa State Univ. VRAC This computer-generated view, produced by Iowa State University's Virtual Reality Applications Center, shows the Parthenon as it might have appeared during its colorful prime.



## 2006 Paschal Donations

*Thank you to the many parishioners and friends who offered donations for Lent and Holy Week through the envelope system. Thank you also to the following donors of special flowers and items used during this holy season:*

### Salutations to the Theotokos Services

#### Flowers for the processional and iconostasion icons of the Theotokos

- Anonymous
- Katherine M. Balouris, for the health of her family
- Achilles and Vasiliki Kourouklis
- Olga Regakis, in memory of all the departed
- Anthony & Susan Zikos, for the health of the Zikos & Lutkevish families
- Penelope Komninos, in loving memory of her husband, Evangelos
- Stella Kourakos, for the health of her family
- Pauline Diamond, in memory of the Kamitses family
- Nick, Joy, Margo & Ted Loomis, in memory of Mary Kokoros
- George & Canella Lalikos, in memory of their beloved departed ones
- Carol Anestis, in memory of Maria and Gus Anestis

### Lenten, Holy Week & Resurrection Services

- Iconostasion Flower for the Holy Archangels ..... Anonymous
- Processional Flowers for the Veneration of the Cross ..... Holy Trinity Philoptochos
- Annunciation Iconostasion Icon ..... Chris & Kathy Balouris, for the health of the Balouris & Androutsopoulos families
- Annunciation Processional Icon ..... Chris & Kathy Balouris, for the health of the Balouris & Androutsopoulos families
- Processional Icon for Palm Sunday ..... Chrissie Georgiadis, in memory of George Georgiadis
- Bridegroom (*Nymphios*) Icon ..... Peter and Mary Panos, in memory of the Panos & Peters families
- Holy Wednesday Holy Unction Supplies ..... Helen DeMoss, in memory of John DeMoss & for the health of his family
- Lent and Holy Week Wine for Holy Communion ..... Gregory Pappas, in memory of Chris Pappas
- Prosforon (Offering Bread) ..... Joanne Pappas, Martha Lambou, Evdoxia Danis, Katherine Balouris, Mary-Magdalene Welsh, Theologia Rigas and Chrysoula Balouris
- Crucifix Wreath of Flowers ..... John and Tula Giannoutsos
- Crucifix Candles ..... Charles & Melanie Black, in memory of Mary Mihalopoulos, Nicholas & Eugenia Roomeliotis
- Holy Friday Rosewater and Rose Petals ..... Elaine and Constantine Georgiades, in loving memory of Koula Roomeliotis
- Flowers for the Epitaphion ..... Holy Trinity Offering Trays, Envelopes, plus the following:
- James Statheas, in memory of Steve & Demetra Statheas
  - Betty Dickos, in memory of Frank & Fannie Dickos
  - Archue & Mary Selevos
  - Rania Pontikos
  - Tessie Frankos, in memory of Demetria and James Frankos
  - Bob & Harriet Navarro, in memory of Michael, Catherine, James & Andrew Karras
  - Angie Roman, in memory of Gus Roman and for the health of all our family
  - Helen DeMoss, in memory of John E. DeMoss & for the health of his family
  - Bob & Harriet Navarro, for the health of their family
  - Gabe & Johanna Cocheres, for the health of their families
  - Kelly Manning, in memory of all her family
  - Shea Danis, in memory of Demetrios Danis
  - John & Georgia Franciscus
  - Mr. & Mrs. Thomas Morris
  - Helen Morris
- Decoration of the Epitaphion ..... Holy Trinity Philoptochos and other Holy Trinity Women & Youth
- Palms for Palm Sunday ..... Thomas Geanopulos and family, in memory of their fathers
- Sheet for Burial Shroud ..... Athanasia Geanopulos
- Resurrection Eggs ..... Katherine Balouris, in memory of Themistocles Balouris
- Dying and Preparation of the Red Eggs ..... Holy Trinity Philoptochos
- Resurrection Processional Icon 1 ..... Irene Karavolos & Fanny Kostos, in memory of their beloved father, Steve Karavolos
- Resurrection Processional Icon 2 ..... Olga Regakis, for the health of Robert & Helen Stepp and Theodora Kaloxylis
- Resurrection Banner Ribbons ..... Chrissie Georgiadis, in memory of George Georgiadis
- Priest's Resurrection Candle ..... Georgia Manesiotis, for the health of her family and our parishioners
- Bay Leaves/Petals for Holy Saturday Morning ..... Cynthia Morris Criss
- Lilies ..... Holy Trinity Offering Envelopes, plus the following:
- Judith Fulton, in memory of her parents, Robert and Bella (Fortes) Fulton
  - Constance Fries, for the health of the Fries family and friends
  - Georgia Holmes, in loving memory of her parents and brothers, Mr. & Mrs. George Vlahakis and William & Walter Vlahakis
  - Thomas & Joanne Germanos
  - Pauline Diamond, in memory of her Aunt Clara Uncle Gust C. (Deno) Pappas

## Our Worship - Part 12 (The Holy Mysteries)

*Part of a special series of educational features designed to provide "continuing education" to our parishioners. Taken from the publication, "Our Worship," which examines and explains the main elements of worship in the Orthodox Christian Church.*

### The Mystery of Repentance

In the Holy Mystery of Repentance or Confession God has provided for a concrete means for us to return to Him, to be renewed in His Image, and to grow in His grace.

#### Confession is not...

- a way of earning the right to "take communion"
- a counseling session to "work on" our problems
- a private telling God we are sorry so He will not be so angry at us
- a means of "wiping the slate clean" when we have no intention of changing our lives

#### Confession is...

- a bringing of what is happening in our lives to the Light of God's cleansing grace
- a correction of self-deception and self-righteousness
- a liberation from the pretense of pride
- an opening of our whole being to the healing grace of God
- a part of our preparation for the reception of the Holy Eucharist.

In Confession, we stand before the icon and the priest stands alongside us.

- We make the sign of the cross and venerate the icon.
- The priest invites us to confess our sins openly to Christ as a Savior of kindness not as a Judge of vengeance.
- We confess our own sins, not anyone else's.
- We confess openly and genuinely, knowing that nothing is hidden from the Lord who knows our need for mercy better than we ourselves.
- We try to answer the priest's questions without excusing or justifying ourselves.
- The priest may offer some spiritual guidance to guide us to grow in the Grace of God.
- To conclude the priest places the epitrachilion over our head and prays that "the Lord Jesus Christ through His grace and love for mankind will forgive us our sins."
- We depart firmly trusting that through this Holy Mystery, God has forgiven our sins and we are released, restored, and cleansed.

Above all, it is the chief means of **reconciliation** with God and **restoration** to His Church.

Confession *renews us* in the image of God, in the purity of our baptism, and in the process of our deification, our communion in Christ with the Holy Trinity

As we take the opportunity that the Holy Mystery of Confession offers us, we grow in our self-understanding and in the virtues of humility and mercy.

St. John Chrysostom said, "Let us accept from God the repentance that heals us." Thus we learn by confession that repentance, the earnest desire to turn our life around, is one of the greatest blessings that God gives his faithful. We find by regular confession that repentance is indeed a holy and saving medicine.

### The Mystery of Holy Crowning

For the baptized faithful, the marriage service is not merely an exchange of human vows. In the Holy Mystery of marriage the Church blesses the union of man and woman, making it "sacramental" and empowering each one to be sanctified by the other as they give themselves to each other.

The mystery of Christian marriage is represented in these elements:

- **Pledge of Lasting Commitment** represented by the exchange of rings at the betrothal.
- **Crowns** representing God's call to the couple to realize His Kingdom in their home through mutual sacrifice
- **Procession** connecting marriage to ordination, recalling the couple's priesthood in the domestic church
- **Common Cup** recalling the Eucharist, the source of their strength
- **Mutual Submission** proclaimed in the Epistle reading (Ephesians 5:21-33)
- **Transformation** announced in the Gospel reading (John 2:1-11).

Couples considering marriage should consult their priest early and receive the necessary instruction from him on how they might take part in the Holy Mystery of Marriage and continue to live their life together as a sacramental union in Christ.



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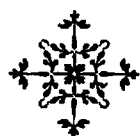
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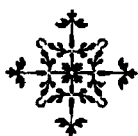
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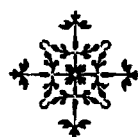
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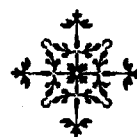


**The Vlahakis Family**



In loving memory  
of my brother,

**Michael**



Louis Manesiotis  
and family

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## THE MISSIONARY CALLING OF EVERY ORTHODOX CHRISTIAN

*This month, another mission team from Holy Trinity Church will travel to Mexico to perform the philanthropic work of building a house for a homeless Mexican family through the Project Mexico mission program. Mission work is the calling of every Christian, but not everyone can travel to foreign lands or offer the physical labor of such a trip. What can everyone do, then?*

**You,** the other women and men who cannot make the heroic decision to follow Jesus on the apostolic path of highest self-denial and selflessness, do not be sad. As married people, as heads of households, and as honorable members of Christ's Church you can offer in-valuable help to the great work of christianizing the world and saving souls. The level of spiritual work is boundless, requiring many thousands of hands. You can do such fishing while sitting at home, said St. Chrysostom, who exhorted everyone to do missionary work. Brother, you who live in this world and work for your daily bread. Don't be nailed to the earth. Look at everything as second in importance. Have the propagation of God's Kingdom as your primary task. Become a fisherman, an imitator of Christ, the Great Fisher of Souls. Spread your little net over your circle of acquaintances. If you do not succeed in winning a hundred for Christ, you will get fifty, twenty, ten. If you do not win ten, you will win five; if not five, then two or one. If you win one, do you think it is small? At least then you will have an idea of the worth of a soul. You won one for Christ? You have done a great thing. It is the greatest thing you can offer your neighbor, a good work that surpasses any material deed, better than thousands in gold or silver. You became an apostle by intent. You imitated Peter and Paul. You became a mouth for Christ.

*Bishop Augustinos Kantiotes, "Follow Me"*