



THE HOLY TRINITY HERALD

JUNE 2013

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June Parish Calendar

NEW CHURCH OPENS JUNE 22!

- 1: Be there **before**
8:30am on 6/22 for seats!
- 2: Have you made your
Lunch Reservations yet?

QUICK NEWS



Enthusiastic Parish Council members serve the Anastasi Lamb Dinner on Pascha following the Resurrection Divine Liturgy. Want to see more from the life and ministries of Holy Trinity Church? See the Community Life Photo Journal on pages 8-10 or visit our online photos and videos at www.HolyTrinityPgh.org.

HOLY TRINITY GREEK ORTHODOX CHURCH • PITTSBURGH, PENNSYLVANIA

When the Most High God came down and confused the tongues,
He divided the nations. When He distributed the tongues of fire,
He called all to unity. And with one voice we glorify the All-Holy Spirit.

Kontakion of Pentecost



Our Mission: To proclaim and live the Orthodox Christian Faith in its fullness as faithful members of the Body of Christ

THE HOLY TRINITY **HERALD**

About the Herald

The Herald is the Monthly Newsletter of Holy Trinity Greek Orthodox Church

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About the Parish

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Holy Trinity Church is a parish of the Greek Orthodox Metropolis of Pittsburgh (www.odpgh.org) and Greek Orthodox Archdiocese of America (www.goarch.org) under the Spiritual Jurisdiction of the Ecumenical Patriarchate of Constantinople.

Holy Trinity Greek Orthodox Church Parish Administration

Clergy

Rev. Fr. John Touloumes, Proistamenos

Rev. Fr. Radu Bordeianu, Assistant Priest

2013 Parish Council

George Dickos, President

Dean A. Balouris

Marios Kritiotis

George Danis

Charles Petredis

Andrew Janis

Joyce Athanasiou

Jason Farmakis

Stephanie Sedor

Louis Kort

Alex Trilivas

Leo Loomis

Gerri Valliant

Ministries

Please visit the Holy Trinity website at www.HolyTrinityPgh.org for descriptions and contact information on Holy Trinity Church's ministries, including educations, youth, senior, family and cultural opportunities. There is something for everyone, so please get involved today!



Therefore, holy brethren, who share in a heavenly call, consider Jesus, the apostle and high priest of our confession. He was faithful to him who appointed him, just as Moses also was faithful in God's house. Yet Jesus has been counted worthy of as much more glory than Moses as the builder of a house has more honor than the house. (For every house is built by some one, but the builder of all things is God.) Now Moses was faithful in all God's house as a servant, to testify to the things that were to be spoken later, but Christ was faithful over God's house as a son. And we are his house if we hold fast our confidence and pride in our hope.

Hebrews 3.1-6

Dear Brothers and Sisters in the Heavenly Call of Christ,

Christ is risen!

During my years as a young camper at Ionian Village, as a seminarian at Holy Cross Seminary and as an ordained priest in the holy service of the Church, I have visited a lot of churches. Some were small, some were large, some adorned in magnificent splendor and some simple structures just adequate for community worship. I remember their names well: Saint Spyridon, Saint George, Saint Gerasimos, The Annunciation, Holy Transfiguration, and so on. On the rare occasion, there was also a name attached through a story of the Emperor who "built" the church (such as Hagia Sophia in Constantinople) or the monk who founded the monastery (such as Saint Athanasios of the Great Lavra on Monut Athos), but not usually. Even the magnificent iconography was usually so old that the names or numbers of iconographers were nowhere to be found except in the historical archives.

Having now been through a church building project of this magnitude, I can think back on the visits to each of those churches and marvel what immense effort it took to build each of them. And even though we didn't know their names, we as a Church commemorated them each time a Divine Liturgy was offered. I came to know this in a very spiritually touching way when I was ordained a priest and started doing the service of preparation of the Holy Gifts before the Liturgy. After commemorating all the saints indicated in the service, and then the names of the living, this petition is offered as a precious crumb is placed on their behalf on the Holy Paten on which the Holy Offering Bread will be consecrated into the Body of Christ:

"In blessed memory and for the forgiveness of the sins of the blessed founders of this holy church."

So whether they are architects, donors, clergy, chanters or singers, acolytes or simply faithful parishioners whose faith, dreams and sacrificial love made the raising of that holy place possible, they are all lifted up in that simple but powerful petition. And if closing the gap created by sin brings us closer to God, then each time they are offered to God by name or simply in that group, each received that blessing. What Christian could ask for more?

On June 22, many thanks will be shared as the giant new doors are opened and we share in the joy of that opening weekend as a family in Christ. That was certainly the experience of the multitude of "blessed founders" in the many holy churches throughout the world since the beginning of the Church. We will want to congratulate and encourage one another in a godly manner, as is proper. Appropriate ways will be determined to honor those supporting the project in the coming days. And for now, all those who have walked through the doors will be placed on the paten amongst the living.

But in the years to come, as we are each received by the hand of God into the eternal hope for which this all was done, priests yet unknown will remember the names submitted by our children and grandchildren and place us among those asleep in the Lord awaiting the Second Coming with the saints. And forever this generation will be offered up "for the forgiveness of our sins" as the "blessed founders of this holy church."

Well done, good and faithful servants of Christ!

WORSHIP LIFE

Weekday Services June

Please take note of the following weekday Liturgies and services this month. Unless otherwise indicated, Orthros is at 8:30 a.m., followed by Divine Liturgy at 9:30 at the St. George Chapel.

Wed. June 12, 6:30pm: Vespers Liturgy for the Feast of the Ascension of the Lord (SG)

Sat., June 22, 8:30am: "Thyranoixia", First Divine Liturgy and Saturday of the Souls at the new Holy Trinity Church. Metropolitan Savas, celebrant. A form to be used for the submission of memorial names is included in this edition of the Herald.

Pentecost Sunday, June 23: First Pentecost Sunday Liturgy at our new Providence Boulevard location, followed by the "Kneeling Vespers" of the Holy Spirit. This is the Feastday weekend of our parish. His Eminence Metropolitan Savas, celebrant.

Mon., June 24: Feast Day of the Holy Spirit. This is the first Nameday Liturgy of our parish at our new location. Also the Nativity of St. John the Baptist.

Sat., June 29: Ss. Peter and Paul the Apostles (SG)

MINISTRIES NEWS

Philoptochos: Cookbooks Available

The "Omonia" Ladies Philoptochos Society will offer its "Holy Trinity Philoptochos Cookbook" at a sale price of two (2) for \$15.00 on Sunday, June 9 and Sunday, June 16. This is great time to purchase a lasting memento of Holy Trinity Church as it was on North Avenue, as the back cover contains a picture of the old church. There are many good recipes inside as well. To purchase one, visit the Philoptochos table during Coffee Hour.

Saint Spyridon Children's Library: Calling Missing Books!

Attention Church School parents and students: Spero needs your help! There are many books and DVDs missing from his library! Dozens of them. If you have any books out from the St. Spyridon Children's Library, please return them by the end of the month. The staff needs to begin packing up for the big move and would like to have all the materials back. If you cannot locate any books or materials, please see a library staff member about replacing them. Also, if a staff member contacts you about missing materials checked out by your children, please respectfully and responsibly fulfill their request to return or replace them. Many years of development have gone into our Saint Spyridon Library. It is a valuable community resource - let's respect it and care for it properly. Thank you!

Sign Up For the Holy Trinity Email!

Want to receive the Sunday Bulletin directly via email each week and keep up to date with the latest Holy Trinity news or weather cancellations? Sign up at www.HolyTrinityPgh.org.

COMMUNITY EVENTS

First Holy Trinity Festival at New Church! .. Aug.28-Sep. 1

Please mark Wednesday, August 28, through Sunday, September 1, (Labor Day Weekend) on your calendar as the inaugural Greek Festival at our new Church location. The Festival Committee is reaching out to everyone to join in helping at what will be an unprecedented and historic event at our new Church, and our Parish Council has challenged us with the goal of holding our parish's most successful festival ever!

Volunteers Needed by the Day, Not Just the Hour: The Festival Committee is looking for parishioners to fulfill a variety of roles—there is something for everyone and everyone's help will be needed! And rather than signing up for just a few hours as in the past, the magnitude of this event will require parishioners to dedicate more time than ever. Please consider donating your day (or days!) as your offering of stewardship to Holy Trinity Church. Many of our parishioners use their vacation days from work, as we will need lots of help during the weekday lunches on Wednesday, Thursday and Friday.

The focus right now may be on the Thyranoxia, but it will need to turn quickly to the Festival, so please check your calendar and step up from now. To learn about how to help, please contact one of the following festival chair-people: Harry Athanasiou: 412-292-4205, Leo Loomis: 412-563-2323, Stephanie Sedor: 412-780-6183, Penny Tomalski: 724-813-5726 and Gerri Valliant: 412-487-3977. Thank you, good stewards!

New Church Community Open House July 28, 2-6pm

In order to introduce the new Holy Trinity Church and Holy Trinity Center to the local community, which has been both enthusiastic and curious during our construction project, we are opening our doors on Sunday, July 28, for tours and a sampling of Holy Trinity hospitality. Arista Catering and Event Services will be co-hosting the event and demonstrating its services as exclusive caterer to the Center. Volunteers from the parish will be needed to host the event. Please see Parish Council President George Dickos or look for more information to follow. Please spread the news to your friends in the North Hills community. Curious about all that beautiful new construction? Want to see the magnificent new church and iconography? Want to ask about hosting your next event at Holy Trinity Center? Well, "come and see!"

REGIONAL NEWS & EVENTS

Pittsburgh's FOCUS Wins Grant for Feeding Outreach

Thank you to everyone who participated in the recent on-line voting campaign to win the Fighting Hunger grant for FOCUS Pittsburgh. As a result, the ministry has won a \$20,000 Grant as one of 100 organizations selected nationally to receive part of \$3 million in grants to fight hunger this spring!

FOCUS North America's (Fellowship of Orthodox Christians United to Serve) Pittsburgh Center has been selected as one of 60 winning hunger relief agencies to receive a \$20,000 grant from Walmart's Fighting Hunger Together initiative. The grant

will help fund its Backpack Feeding Program for underserved school children in Pittsburgh. During April consumers voted for more than 300 Feeding America Food Banks and their Partner Agencies by visiting www.walmart.com/hunger. As a result of the votes cast, 100 Food Banks and Partner Agencies will receive a total of \$3 million in grants—40 Feeding America member food banks will receive \$1.8 million in grants (\$45,000 each) and 60 of their partner agencies will receive \$1.2 million in grants (\$20,000 each).

Paul Abernathy, Director of the Center stated that FOCUS Pittsburgh's Backpack Program currently serves children in Hill District Community Schools. The mission of the Backpack Feeding Program is to meet the needs of hungry children by providing them with nutritious and easy-to-prepare food to take home on weekends and school vacations when other resources are not available. Currently, FOCUS Pittsburgh's Backpack Feeding Program for academic year 2012-2013 serves 172 students and the new grant will allow the program to serve an additional 150 children.

Mr. Abernathy expressed his deep appreciation to the WalMart Foundation for the grant and to the Hill District Community, FOCUS staff and office volunteers, the over 78 Orthodox Churches in the Western Pennsylvania area that actively support and are deeply involved in FOCUS' ministry and Walmart customers throughout the country who cast their votes to support not only FOCUS, but the many Food Banks and Partner Agencies who fight hunger each day.

THYRANOIXIA NEWS

"Thyranoixia" Weekend: June 22-24

It may be hard to believe, but it's almost here! The new Holy Trinity Church is about to open with an entire "Thyranoixia" Grand Opening Weekend series of events. Here is a recap of the weekend's events and a few things to note.

Saturday Morning "Thyranoixia": Arrive Early!

The very first event is the opening of the doors of the new Church, which will start at 8:30am on Saturday morning. Here is the order of events:

1. The "Thyranoixia": A special service that takes place outside the front of the Church, with His Eminence Metropolitan Savas offering a Blessing of the Waters followed by the unique and historic door opening liturgical event. **ARRIVE EARLY: IF YOU ARE NOT THERE BEFORE 8:30, YOU WILL MISS THE MOST HISTORIC PART OF THE ENTIRE WEEKEND!** Recommendation: Arrive no later than 8:00am.
2. The First Orthros & Divine Liturgy in the new Church: The congregation will process into the new church led by His Eminence chanting. We will immediately proceed with the Orthros service and Divine Liturgy. An overflow crowd is expected and accommodations have been made for a live video into the overflow areas in Holy Trinity Center.
3. Saturday of the Souls Memorial: Because this is Pentecost Weekend, the service on Saturday morning will conclude with a Memorial Service for all the departed.

A names list is included in this edition of the *Herald* and forms will be available on site.

Thyranoixia Celebratory Lunch

Following the services, a Celebratory Lunch will be held. To commemorate the weekend and to provide a practical approach with the expected overflow crowd, lunch will be served in a special commemorative bag and seating will be available in various areas of the facility. Pre-paid reservations are required to secure your lunch and your commemorative bag for a donation of \$12. To pre-pay and reserve your lunch, visit the table following Divine Liturgy on June 2, 9 and 16, or contact Arlene Paras at 412-321-0394 or rulene@comcast.net.

Saturday Evening Pentecost Vespers - 5:00pm

His Eminence Metropolitan Savas will preside over the first Great Vespers service at the new Church at 5:00pm on Saturday evening prior to the Saturday evening Gala. All are invited to attend.

Saturday Evening Gala - 6:00pm

The grand social and fund-raising event of the weekend will be the Saturday Evening Gala starting with hors d'oeuvres at 6:00pm, followed by the program emceed by KDKA's Larry Richert and dinner starting at 7:00pm. (Note: This event is sold out.) The evening includes hors d'oeuvres, dinner, cash bar, live auction, and live Greek music. Opportunities for commemorative family photos with a professional photographer will also be available. And watch for some other special surprises, and the beautiful Luminaria display, too!

Pentecost Sunday Orthros and Liturgy - 8:30/9:30am

The first Pentecost Sunday will be celebrated in the new Church on June 23, with Orthros at 8:30am and Divine Liturgy at 9:30am. His Eminence Metropolitan Savas will preside. Following the Divine Liturgy, the Vespers of the Monday of the Holy Spirit (also known as "The Kneeling Service" will be offered.

Community Feast Day Lunch - Sunday After Services

Following the Pentecost Sunday morning services, the Holy Trinity Philoptochos will host a Community Feast Day Luncheon and will accept free-will offerings for the meal.

Monday of the Holy Spirit - Feast Day Liturgy

The grand weekend will culminate and conclude with the official Feast Day Liturgy of the parish on Monday morning, with Orthros at 8:30am and Divine Liturgy at 9:30am. A light coffee reception will follow.

Weekend Parking: Please Consolidate

With the tremendous attendance expected all weekend, all parishioners are asked to minimize the number of cars at the events by travelling together where possible. Thank you!

Hotel Group Rate Available for Thyranoixia Weekend

Need a place for guests to stay for the weekend? The Holiday Inn at 4859 McKnight Road. Rooms are available for a discounted rate of \$113/night. Call 412-366-5200 and ask for Jennifer Strassner. Use the group code "Holy Trinity Church."

Part of a regular series of contributions by our resident "Gheronda" (respected elder clergy), Father John Androutsopoulos

JUNE 2013 – "THE VOICE OF HOLY TRINITY CHURCH"

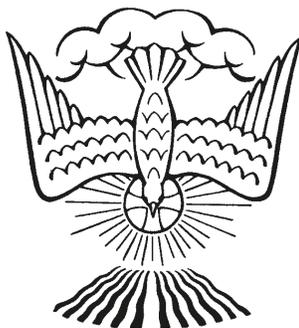


Father John Androutsopoulos

Rejoice in the Lord! Christ is Risen: Truly He is Risen!

I would like to dedicate this message to the clergy and the parishioners for a job well done, by building the most beautiful Church in Pittsburgh. Well done, faithful members of Holy Trinity! God bless you!

The Opening Day of the Doors of the New Church is approaching fast. The House of the Lord will be ready for worship and prayer and to sanctify the faithful. June 22nd, Saturday of the Souls: what a glorious day to pray for the repose of the souls of the departed from the first two Holy Trinity Churches. Remember that their souls are resting in the triumphal Church in heaven, and we are members of the militant Church of Christ on earth. We communicate with each other; we pray for them and they pray for us. Finally, remember that during the Divine Liturgy of the Saturday of the Souls and in every Divine Liturgy, at a certain time and prayer, the Holy Spirit—who is surrounded by angels and invisible—will come for the first time in the New Church to change the plain bread to the body of Christ and the plain wine to the blood of Christ.



Who Is The Holy Spirit?

The living God manifests Himself to us in a threefold manner: Father, Son and Holy Spirit. Father: God Over us; Son: God For Us; Holy Spirit: God In Us

We believe in the Triune God! The Holy Spirit is no less than the living God. "God has sent the Spirit of his Son into our hearts!" (Gal. 4:6)

Jesus himself tells in his farewell discourse with his disciples what the Holy Spirit will do:

- He dwells with us and in us (John 14:17).
- He teaches and reminds us of the words of Jesus (John 14:26).
- He testifies of Jesus (John 15:26).
- He convinces us of sin, as a judge convinces the accused of his guilt (John 16:13).
- He guides us into all the truth (John 16:13).
- He glorifies Jesus, that is, he makes Jesus and his work clear and dear to us (John 16:14).

See also: Matthew 3:11, Acts 2:1-13, John 14 and 16.

Who receives the Holy Spirit?

"If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give

the Holy Spirit to those who ask him!" (Luke 11:13).

What does the Holy Spirit Do?

What no power of the world can do, and also what we ourselves are not able to bring about, that the Holy Spirit accomplishes. He is the power of God that creates our life anew. "If any one is in Christ, he is a new creation; the old has passed away, behold, the new has come" (2 Cor. 5:17). See also: Acts 2-7, Luke 19:1-10, John 3:1-8 and Acts 9:1-20.

How does the Spiritual Life Arise?

By Repentance: I must stop and turn around (repent and be converted). I recognize and confess my sins. By Faith: Christ has crossed out my life's way. He covers my past through his forgiveness (1 John 1:9). By Obedience: I have given my life to the control of Jesus. He will guide and direct both my present and my future according to his will (Rom. 6:11-13).

What Are The Characteristics Of The Spiritual Life?

The spiritual life is not a battleground nor yet a flowery bed of ease. We cannot live it of ourselves. As its origin is the gift and work of the Holy Spirit, so are its formation and development. Therefore, the Bible repeatedly describes the spiritual life by the figure of fruit.

- One cannot make fruit. It grows out of its organic union with the root.
- Fruit does not burst out. It takes time and ripens gradually, often in secret. So also the spiritual life needs time (sometimes a lifetime!) to ripen in the silence.
- Fruit does not permanently remain hidden. It is harvested and used, and often some of it serves as seed for the next crop.

So the spiritual life wants to become visible in order to help others to achieve it also. "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control." (Gal. 5:22-23)

The presence of Jesus in our life is the outstanding characteristic of the new life! "Not that I have already obtained this or am already perfect; but I press on to make it my own, because Christ Jesus has made me his own" (Phil. 3:12).

See also: John 15:1-8; Acts 2:42-47; 4:31-37; Romans 5:5b; 8:16; 2 Corinthians 3:18; Galatians 2:20

What Is The Secret Of The Spiritual Life?

Prayer is the pulse-beat of the Christian life. When the pulse stops, the man is dead. Without prayer our inner life, too, is dead. When we truly pray, then we know that the new life has begun, that the Holy Spirit is at work within us.

Happy Father's Day to all the men who have made a difference in the life of a child! On a personal note: Fifty-two years ago, on Father's Day, I was ordained a priest. (*Editors's note: AXIOS! May God grant you many more years of good health and faithful service tot he Lord!*)

*In the Love of the Risen Lord,
Rev. Fr. John K. Androutsopoulos, Protoperblyter*

"The World Shines in Summer" from the Greek periodical "Pros Tin Niki" and an original poem by Voula Hareras, "To My Father."



Voula Hareras

Ο ΚΟΣΜΟΣ ΛΑΜΠΕΙ ΤΟ ΚΑΛΟΚΑΙΡΙ

Ο κόσμος λάμπει σάν ένα άστέρι
Βουνά καί κάμποι δένδρα νερά
Γιορτάζουν πάλι, καθώς προβάλλει
Τό καλοκαίρι, νεού χαρά...

Πρόκλησις για χαλάρωσι τό
καλοκαίρι, ό κόσμος όλόγυρα
λαμπροφορεμένος Θεού χαρά.
Ενα μεγάλο διάλειμα τό καλοκαίρι
φέρνει όλόχαρο τά δικαιώματα
πού έχει στήν ζωή τών ανθρώπων

ή χαλάρωσις, ή ξεκούρασις, ή αλλαγή τών ρυθμών στήν
έντασι τής εργασίας, στά προγράμματα, στή δυναστεία τού
ρολογιού.

Τό καλοκαίρι είναι καιρός για τήν φύσι, τήν έκδρομή τόν
περίπατο, το ταξίδι, για τό βουνό καί τήν θάλασσα, τό χωριό
καί τό ξάγναντο.

Φλύαρα τ'άκρογιάλια προσκαλούν στή μέθη τού ήλιου
καί τού γαλάζιου νερού χωρίς τά βάρη τής φορεσιάς ή
όρμη για τήν απόλαυσι τού κύματος, της άπεραντοσύνης
τής θάλασσας, τής γοητείας τού βυθού, ένα σκέτο μεθύσι
ξεχνιέσαι καί σε ξεχνούν στό λίκνισμα τών κυμάτων.

Καί από τήν άλλη ό βαθύς ψίθυρος τών βουνών πού
σε καλεί στό μυστήριο τής σιγής νά σου άποκαλύψη τά
μυστικά τών άστρων, τόν λόγον τής σιωπής τό βάθος τών
άλάλητων στεναγμών πού αναζητούν νά φθάσουν στό
ύψος τών ούρανίων θόλων. Κι' από κεί σε μιá υπερβασι
άπό τά ύλικά νά ανακαλύψουν τό δικαίωμα πού κατέχει ή
ύπερκόσμια άποκάλυψις άνω στα γήινα, τά φαρτά.

Τό καλοκαίρι Θεού χαρά, δέν είναι μόνον τό παιχνιδι, ή
ξεγνοιασιά, ή άνεμελιά.

Είναι καί πολλά άλλα ώραία πού ποθεί ή ψυχή σου
νά γευθή καί νά πραγματοποιήση στήν έλευθερία τού
καλοκαιριού. Νά διαβάσης ότι σου έχει στερήσει ή πίεσις τού
προγράμματος, καθαρό καί ώφελιμο. Νά άσχοληθής με κάτι
πού σε έκφράζει άπό καλλιτεχνία, μέχρι τήν έκφρασι τού
ώραίου κόσμου τής καρδιάς σου σε ανθρώπους πού έκτιμάς
πού σε ώφελούν πού πονούν, πού έχουν τήν άνάγκη τής
συντροφιάς σου πού περιμένουν νά τούς βοηθήσης, νά τούς
έξυπηρετήσης....καί προ παντός τό σπίτι σου, οι γονείς σου,

τ'άδέλφια σου, οι γέροντες τής οίκογενείας σου, τώρα πού
έχεις καιρό.

Είναι τά έκκλησάκια τού τόπου σου, ή συντροφιά με
τούς Αγίους ή προσευχή, ή άνακάλυψις τής Θεικής αλήθειας,
καί τής σοφίας.

Για ένα μόνον δέν είναι τό καλοκαίρι, νά μήν τό
λερώσουμε στίς βρωμογειτονίες καί στίς συντροφίες τού
κακού.

Καί να μήν τό σπαταλίσωμε στίς παγίδες τού
παμπόνηρου έχθρου.....

Προς τήν Νίκη

*Αυτό τό άρθρο [Τό Καλοκαίρι] θά ήταν εύχής έργον άν τό
έξηγούσατε στα παιδιά σας, θά ώφελιθούν πάραπολύ.
Βούλα Χαρερά*

Χρόνια Πολλά Πατερες!

ΣΤΟΝ ΠΑΤΕΡΑ ΜΟΥ

Πατέρα μου πολύ σε αγαπώ,
κί αν σαν παιδί κάποια στιγμή σε φαρμακώνω,
μου φέρεσαι με τέτοια αγάπη και στοργή,
που Πατερούλη μου αμέσως μετανοιώνω.

Όταν, παιδί μου, με φωνάζεις,
νοιώθω απέραντη χαρά,
και η δική σου η αγάπη,
μου δίνει δύναμη, φτερά.

Καθώς σε βλέπω μες το σπίτι,
πως με κυττάζεις με στοργή,
και προσπαθείς να με μορφώσεις,
όσο μπορείς και πιό πολύ.

Γι' αυτό και γω σαν μεγαλώσω,
θε να σου μοιάσω, όσο μπορώ.
Στη καλωσύνη της ψυχής σου,
στο έργο σου το ιερό.

Βούλα Χαρερά

New Church Move | New Address

Note our new address starting June 17, 2013:

Holy Trinity Greek Orthodox Church
985 Providence Boulevard, Pittsburgh, PA 15237

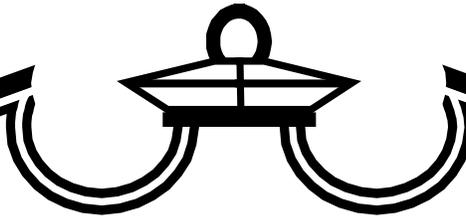
The following contact points remain the same:

Phone: 412-366-8700

Fax: 412-366-8710

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HOLY TRINITY CHURCH CLASS OF 2013

Please join us in celebrating the talents and God-given gifts of the students from Holy Trinity Church who are graduating from high school this year. We also thank God for the families, relatives and community which have nurtured them in the rich soil of the Holy Orthodox Faith. May God be with them always!

Nicole Hodge Pine Richland High School



Nicole Hodge graduated from Pine Richland High School, where she was on the Honor Roll since her sophomore year. She was a member of the High School Cheerleading team for four years and was a member of the FCA All-Star Cheerleading Team, which took fourth place in worldwide competition. She was also on the Track team since seventh grade. She has been involved at Holy Trinity Church as a lifetime student at Church School and an active GOYA member, including playing on the GOYA basketball and volleyball teams and participating in mission work. She plans to attend the University of Alabama in the fall to major in Fashion Retailing.

Athena Petredis Shady Side Academy



Athena Petredis graduated from Shady Side Academy as a member of the Cum Laude Society. She is a Fides Award recipient and one of two students chosen by the SSA President to represent the student body on the Strategic Planning and Steering Committee. She received the Cinderella Women's Committee Service Award for the most hours of community service and has loved being a Big Brother/Big Sister mentor for the last two years. She has served as the Holy Trinity GOYA President, played GOYA basketball and was an enthusiastic participant in the Metropolis GOYA Summer Camp ministry. She will attend Elon University in the fall as an Honors Business Fellow and Communications major with a minor in Dance.

Lindsay Passodelis North Allegheny High School



Lindsay graduated from North Allegheny High School as a four-year Honor Roll student and member of the National Honor Society. She also volunteered as a member of the Key Club for four years and was a recipient of the Student Excellence Award. She has participated at Holy Trinity as a Church School student and as a member of GOYA, where she served as Treasurer and a member of the GOYA basketball team. She plans to attend the University of Pittsburgh in the fall to major in English Writing.



The fear of the Lord is the beginning of wisdom, and the knowledge of the Holy One is insight.

(Proverbs 9.10)

Keep my words and treasure up my commandments with you; keep my commandments and live.

(Proverbs 7.1-2)







Above: The teens of the GOYA ministry participated once again in the Metropolis Volleyball Tournament, hosted this year by the All Saints community in Canonsburg. **Below:** The HOPE and JOY ministry children and their families enjoyed an exciting Sunday afternoon riding horses and touring the stables at the "C&G Ranch" in Evans City as guests of Holy Trinity parishioners General and Mrs. William Pagonis.



Holy Trinity Church's unique "cold-formed steel" construction was recently highlighted in May's issue of "Metal Construction News!"



"Curve-ology 101": New materials save time and money

May, 2013 - This spring, members of the Holy Trinity Greek Orthodox Church in Pittsburgh—designed by San Rafael, Calif.-based CJK Design Group—will celebrate the opening of a glorious new church. Construction has been completed on their 28,000-square-foot sanctuary and hall spaces modeled after the ancient Greek churches of the 1400s. The remarkable thing about this building is that every possible surface is curved or rounded, including the sanctuary, nave, narthex, exonarthex, stoa and a huge fellowship hall.

For centuries, domes have topped graceful monasteries, government buildings, mosques and even residences. Although curved surfaces in churches are not new, the methods and materials used to build them have changed dramatically, even in the past 10 years. Building a curved structure today is far easier than it has ever been. Domes, half-domes, barrel vaults, groin vaults and any other curved surface can be fabricated quickly and efficiently with the use of 3-D modeling, digitally integrated manufacturing and lighter weight materials, such as cold-formed steel.

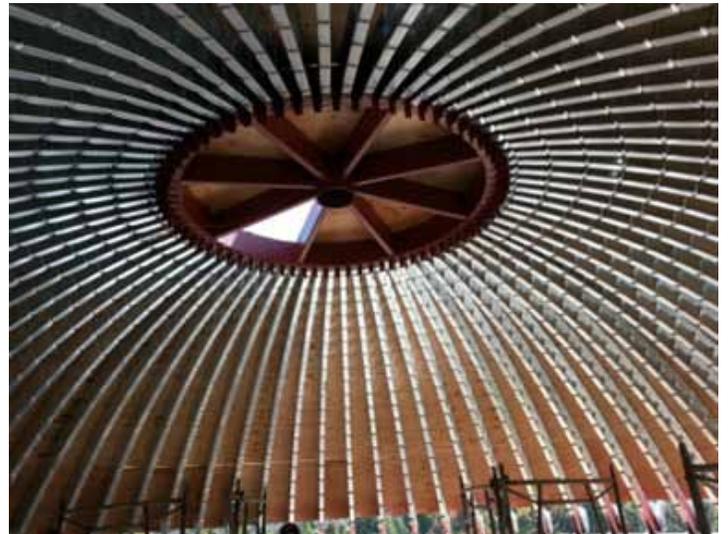
Why Cold-Formed Steel?

Cold-formed steel (CFS) framing offers geometrically precise curves and the highest strength-to-weight ratio of any building material. Its ability to be flexed, yet still hold its shape, makes it ideal for creating curves, and can save job-site time when pre-curved CFS framing members manufactured in a controlled environment off-site are used.

According to Matthew Handlow, owner of Pittsburgh-based Gallery Interiors, the drywall and metal stud contractor on the Holy Trinity project, the complex construction of the curved surfaces was made "about three times faster" using Minneapolis-based Radius Track's advanced 3-D modeling and production techniques. "Ten years ago, we might have used a pre-fabricated dome or bent each framing member by hand," says Handlow. "But today, we used computer modeling to design every curve in the building so the kinks are worked out on the screen, not in the field." One of the most complex aspects of the job was a 30-foot diameter dome located 52 feet above the finished floor with 16 symmetrically placed arched windows pocketed into the framing. The 30-foot dome and inset windows fill a larger interior dome below it with daylight. "The detail coordination was intense, and by working with a Radius Track designer every step of the way, we were able to integrate the interior dome, windows and exterior dome flawlessly," says Handlow.

Forming the Domes

To create the domes, half domes, archways and curved surfaces at Holy Trinity, Radius Track provided nearly 1,000 pre-curved CFS framing members. Where required, the dome assemblies included a steel compression ring that serves as the structural centerpiece for the top of the dome. The compression ring is sized according to the dimensions of the dome and the total number of CFS ribs required in the structure. CFS can be used for interior structural and non-structural applications and on the ground or in-place assemblies. There are many types of domes that are constructed using CFS. For example, exterior domes can be a single structure; octagonal, bell or elliptical in shape; or have two layers with windows like Holy Trinity. If an exterior dome is open to the interior, then the shape of the dome can be viewed from the inside of the building. An exterior dome closed to the interior is one whose shape can only be viewed from the exterior of the building. In some larger dome applications, typically 45 feet in diameter or larger hybrid domes, which combine both red iron and CFS, are often used.



Finishing Touches

Lightweight CFS-framed domes, vaults and archways are highly advantageous because the tight spacing and precision pre-curved shape of the studs helps provide a smooth, finished look. To meet the design intent, a smooth surface over the dome framing was paramount and will be viewed from the inside by visitors to Holy Trinity. Geometrically precise framing offers a predictable solution that makes the process much easier and provides visually appealing results. At Holy Trinity, the finishes will be truly unique. Six iconographers (painters) from Greece will hand paint religious icons on the domes and curved walls in the sanctuary—a true testament to a smooth finish.

By Charles Mears, CEO, chief design officer and founder of Radius Track, Minneapolis, MN.

Source: www.metalconstructionnews.com/articles/columns/curve-ology-101.aspx. © 2013. Used with permission.

The following is a financial snapshot of our new building program's Capital Campaign as of April 30, 2013. This information is intended to give a concise financial overview of our building project. Much has been accomplished but there remains much to be done. It is the hope and expectation of the Capital Campaign Committee that everyone.....longtime parishioners, new parishioners, young parishioners, and not so young parishioners, takes ownership of this Church that we call Holy Trinity. Please offer your time, talent and treasure to make this edifice a truly beautiful Ekklesia!

Capital Campaign Overview:

- ❖ **Cash on Hand: \$114,755**
- ❖ **Construction Loan Balance: \$1,109,307**
- ❖ **Pledge Total: \$4,203,000**
- ❖ **Pledge collected: \$3,150,374**
- ❖ **Pledges pending: \$1,052,626**

Est. Pledges To Be Collected:

- ❖ **2013: \$260,000**
- ❖ **2014: \$265,000**
- ❖ **2015: \$200,000**
- ❖ **2016: \$110,000**
- ❖ **2017: \$55,000**
- ❖ **2018: \$36,000**

Breakdown of Pledges:

Total number of pledges: 153

<u>Pledge Level</u>	<u>Quantity</u>
❖ \$1,700,000	1
❖ \$500,000+	3
❖ \$300,000+	2
❖ \$250,000+	2
❖ \$150,000+	1
❖ \$100,000+	4
❖ \$75,000+	1
❖ \$50,000+	3
❖ \$25,000+	11
❖ \$10,000+	16
❖ \$5,000+	24
❖ \$2,000+	17
❖ <\$2,000	68

RAISE UP THE FOUNDATIONS
OF MANY GENERATIONS ISAIAH 58.12

Please review your own personal financial situation and consider a new tax deductible pledge to Holy Trinity's Capital Campaign and add your signature to the 153 committed families and individuals. If you have already made a pledge commitment, please consider extending your current pledge for an additional year or more. Thank you!

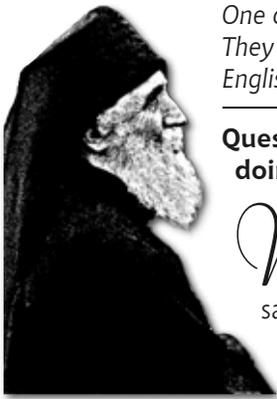
Thank you to the many parishioners and friends who offered donations for Lent and Holy Week through the envelope system. Thank you also to the following donors of special flowers and items used during this holy season. Thank you also to all those who served so generously throughout the season setting up, running events, preparing meals and making the season so beautiful!

Salutations to the Theotokos Services
Flowers for the icon of the Theotokos

Eugenia Graser In memory of her parents and her husband
 Peter & Mary Panos For the health of Peter & Mary Panos and Family
 Irene S. Karavolos & Charles E. Siebott In Memory of Steve Karavolos
 Ken Whigham For the health of Ken Whigham III and Catherine Dopp

Holy Week & Resurrection Services

Annunciation Icon Flowers For the health of Fr. John & Presvytera Ethel Androustopoulos and Anthony & Helen Balouris
 Processional Flowers for the Veneration of the Cross Holy Trinity Philoptochos
 Saturday of Lazarus Icon Flowers Cindy Morris Criss, for the health of the Morris family
 Making of Palm Crosses and Preparation of Holy Friday/Anastasi Candles Holy Trinity Church School students, staff & families
 Palm Sunday Icon Flowers Connie Fries, for the health of family & friends
 Palms for Palm Sunday Thomas Geanopulos and family, in memory of their parents
 Christ the Bridegroom (*Nymphios*) Icon Flowers Katherine Balouris, in memory of her husband, Themostocles
 and her parents, Demetrios & Maria
 Crucifix Wreath of Flowers Sally Hionedes
 Decoration of the Epitaphion Holy Trinity Philoptochos, Women & Youth
 Burial Shroud Sheet for Epitaphion Sophia Bridoux, in memory of her sister, Athanasia Geanopulos
 Holy Friday Rosewater Elaine Georgiades, in memory of Koula Roomeliotis
 Holy Friday Icon Flowers John & Georgia Franciscus
 Flowers for the Epitaphion Holy Trinity Offering Trays, Envelopes, plus the following:
 Jeff & Mina Durosoko and family, in memory of James & Elli Stephanou
 Frank & Katina Erdeljac, in memory of Mike & Theologia Alexiades
 Vaso Kourouklis, in memory of Lucky Kourouklis and Stavroula Repana
 George & Canella Lalikos, in memory of their departed loved ones
 James Statheas, in memory of Steve & Demetra Statheas
 Decoration of the Epitaphion Joyce Athanasiou, Holy Trinity Philoptochos, Women and Youth of the parish
 Bay Leaves for Holy Saturday Helen DeMoss, in memory of John DeMoss and for the health of his family
 Rose Petals for Holy Saturday James & Judith Mermigas, in memory of Theodore Mermigas & for the health of Mary Mermigas
 Resurrection Icon Flowers Dorothea Zikos
 Resurrection Banner Ribbons Chrissie Georgiadis
 Dying and Preparation of Red Resurrection Eggs Holy Trinity Philoptochos
 Priests' Resurrection Candles Anthony and Helen Balouris
 Dying and Preparation of the Red Eggs Holy Trinity Philoptochos
 Lilies Holy Trinity Offering Envelopes, plus the following:
 Chrissie Georgiadis
 Andrew & Sofia Janis, in Memory of Clifford & Athanasia Geanopulos
 Vaso Kourouklis, in memory of Lucky Kourouklis and Stavroula Repana
 Angie Roman, in memory of Gus Roman and John Roman
 Prosforon (Offering Bread) Katherine Balouris, Evdoxia Danis, Stacy Dickos, Joanne Pappas
 Wine for Holy Communion for Lent and Holy Week Cindy Morris Criss, for the health of the Morris family
 Pentecost Icon Flowers Bob & Marianne Stearns and Stephen, in memory of Eric Michael Stearns
 Video Setup for Holy Friday/Saturday Nick and Jane Sarandou



Elder Paisios

One of the great blessings of Orthodoxy is the presence, prayers and inspired words of the Holy Elders of the Faith. They have been referred to as “precious vessels of the Holy Spirit.” In recent years, many books have been published in English with their writings and talks. This column provides an opportunity for each of us to be blessed by their words.

Question: What happens if I withhold doing good things in my life?

Man must consider the good to be a need, otherwise he will be tormented. And we can't say that some people are unable to understand the good as a need. I cannot justify this, for even a five-year-old child can feel the good as a need. Let's say that a little child

has a fever. The parents call the doctor and he tells them to hold the child firmly while he gives the injection. Later the child, on seeing the doctor, will cry and run away. But if from the beginning they tell the child, “Look, you're sick, you have a fever and you can't go to school or go out to play, while the other children are playing; but if you let the doctor give you a little pinch in the arm the fever will go away and you, too, will be able to go and play,” the child will then directly close its eyes and stretch out its arm on his own. What I mean to say is that if the child can understand the good as a need, it's so much more true for an adult.

From the moment someone understands what is right, the matter is settled. Suppose I suddenly say to you, “I'll throw you out of the window.” You understand what that means. Even a simple person can understand that if someone falls out of a window high above the ground he will break his legs. An adult who has read the Gospel, the writings of the Fathers, knows what is right. After that it's only a matter of turning the button. But often you say to people, “Why do you do that? Don't you know it's not right?” And they start, “Well, sadly that's how I am, I don't know why I'm like this, but that's how I was before too...” “Forget what you were before. Right now, as I speak to you, what are you doing to correct yourself?” It's different if they are incapable of understanding. But only an infant child will touch a burning coal instead of candy, because it doesn't understand.

Question: How did your mother help shape a sense of good in you from childhood?

One can be helped from a young age to grasp the deeper meaning of life and be happy for the right reasons. When I was a young boy I could outrun the other children in the neighbourhood. They didn't want me to race them and would send me away. They called me “the refugee boy”. I would then go to my mother in tears. “Why are you crying?” she would ask. “The other children won't let me run,” I would say. “You want to run? Here's our yard, run. Why do you want to run there, so others can see you and say bravo? That attitude has pride in it.

Another time I wanted to play with the ball and the children wouldn't let me. Again I went crying to my mother. “What happened, why are you crying again?” she asked. “They won't let me play with the ball,” I said. “We have a big yard, you have a ball, play here. Why do you want the other

children to see you and admire you? This attitude has pride in it.” Then it occurred to me, “My mother is right.” Gradually over time I didn't want to run or play ball in front of others, because I realized that this attitude had pride in it and I thought to myself, “These really are useless things; mother is right.” After that I got over the problem...From then on I lived a normal and natural life. So now if people ask me, “Would you prefer to climb Mount Athos barefoot in August over the briar leaves, or to go to a ceremony and be dressed with a cloak, and so on?”, I will say I prefer to go barefoot up Mount Athos. Now, this I say, not out of humility, but because this is what pleases me and gives me peace.

People who have pride were not helped at home in their childhood. The worldly frame of mind is tormenting for man. And if this isn't noticed and parents don't help their children from a young age, pride then becomes an abiding condition. It's one thing to praise and encourage a child so he doesn't get disappointed, and quite another to fill up his mind with egoism. For example, a child recited a poem but did it poorly and was disappointed. Then the mother can encourage him by saying, “But you did well enough.” But if the child says the poem well and the mother begins in front of others to say, “Bravo, yours was the best recitation of all the children; my child is the best”, this is wrong and harmful to the child. This is how parents often cultivate pride in their children. Or, to give you another example, a child misbehaves in school and is punished by the teacher. Then the child goes home and tells his parents, “The teacher punished me unfairly.” When the father or mother supports the child and says in front of it, “I'll show that teacher; my child is the best...”, then the child considers good what he did in school and is eventually tormented by useless things. The important thing is to teach the child a few basic things at home. If one grasps the deeper meaning of life from a young age, then everything goes well. Otherwise, one learns to be pleased with earthly things, with the praises of other men — which do not really please or comfort man — and he remains an earthly human being.

Question: Geronda, what can help people most today?

Today, if people could be taught repentance, this alone would be of great help. By reading as much as we can the lives of Saints which emphasize repentance, we can benefit. To ask for repentance from God means to ask for enlightenment. When we ask for repentance and we repent all the more, naturally we will become more humble and by necessity we will receive more divine Grace, more divine enlightenment. When one is in a state of repentance, he retains the Grace of God. In any case people are good. You see, most people don't confess and don't go to Church; they are terribly ignorant about these things, and yet, on the other hand, they come and ask me for help. There is something in this.

Excerpted from Elder Paisios of Mount Athos, “Spiritual Counsels, Vol. II: Spiritual Awakening”

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Scripture of the Month: "Build the house, that I may take pleasure in it and that I may appear in my glory, says the Lord." (Haggai 1.8)